

Intraoperative fabrication of patient-specific moulded implants for skull reconstruction: single-centre experience of 28 cases

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Abstract

Background Intraoperatively fabricated polymethylmethacrylate (PMMA) implants based on computer-designed moulds were used to improve cosmetic results after hard tissue replacement. To assess the implant's cosmetic and functional results we performed both subjective and objective assessments.

Methods This retrospective analysis was performed using a cohort of 28 patients who received PMMA implants between February 2009 and March 2012. The cosmetic and functional results were assessed using a patient questionnaire. Furthermore an objective volumetric subtraction score (0–100) was applied and implant thickness, as well as gaps and tiers, were measured.

Results Patients mainly judged their cosmetic result as “good”. Two of the 28 patients found their cosmetic result unfavourable. The functional result and stability was mainly judged to be good. Measurements of implant thickness

showed a very high correlation with the thickness of the contralateral bone. Volumetric subtraction led to a median quality of 80 on a scale from 0 to 100. Median gaps around the margins of the implant were 1.5 mm parietally, 1.7 mm frontally and 3.5 mm fronto-orbitally, and median tiers were 1.2 mm, 0 mm and 0 mm respectively. The overall rate of surgical revisions was 10.7 % (three patients). Two patients suffered from wound healing disturbances (7.1 %). The overall complication rate was comparable to other reports in the literature.

Conclusions Implantation of intraoperatively fabricated patient-specific moulded implants is a cost-effective and safe technique leading to good clinical results with a low complication rate.

Keywords hemicraniectomy · PMMA · PSI · PSMI · Skull reconstruction

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Introduction

Advances in neurosurgery and intensive care over the last 2 decades have achieved great improvement in the outcomes of patients with severe head trauma, stroke, brain tumours and infectious diseases affecting the skull. Surgical treatment often involves a large osteoclastic craniotomy or delayed reimplantation of the autologous bone flap. In many of these cases a reconstruction of the skull is necessary because of (1) destruction of the bone as result of trauma, (2) infection, (3) tumour infiltration, or (4) aseptic necrosis and resorption of the bone flap [20].

There are several techniques and materials available for preservation of the explanted bone-flap and its replacement [2, 5, 8, 13, 14, 17–19]. These techniques differ in functionality,

cosmetic result, costs and spectrum of complications involved in the procedures. Among the artificial materials, polymethylmethacrylate (PMMA) is the least expensive and most commonly used [2, 18]. The material is usually applied directly to the patient and moulded to the skull defect using free-hand cranioplasty, which often results in a suboptimal cosmetic result (Fig. 1).

Better cosmetic and very good functional results can be achieved using preoperatively designed patient specific implants (PSIs) that have a low complication rate [5, 19]. Different materials have been used for this purpose, all with good results. The most commonly used are titanium and polyether-ether-ketone (PEEK) [13]. To achieve optimal cosmetic and functional results at a similar cost as the PMMA implants we developed a technique of intraoperative moulding of a PMMA implant on a patient-specific mould [12]. To evaluate the functional and cosmetic outcome of these patients, we performed a retrospective analysis of a consecutive series of 28 patients.

Methods and materials

Patients

Between February 2009 and March 2012 we performed 28 plastic reconstructions of the skull using the patient-specific moulded implant (PSMI) technique. Of these patients, 11 were female and 17 male. Indications for cranial reconstruction using artificial material were: resorption of the reimplanted

autologous bone flap in 12 patients (42.8 %), infection of the autologous bone so it could not be reimplanted in nine patients (32.1 %), infiltration by tumour in three patients (10.7 %), loss of the autologous bone following inter-hospital transfer in three patients (10.7 %), and relevant resorption followed by instability of the reimplanted autologous bone flap in one patient (3.6 %). One case was a bifrontal defect involving the brow, one a combined bifrontal and lateral decompression, 24 were hemicraniectomies involving one half of the forehead and the temporal region; only in two cases were visible parts of the face affected.

Creation of mould template

The mould template was created using high-resolution computed tomography (CT) scans of each patient. Two different techniques were used for making the mould: Subtraction of post-explantation CT from a pre-explantation CT, if available, or subtraction from the mirrored contralateral side. If available scans were of adequate quality (at least 2.5-mm slice thickness), no new scans were acquired to reduce costs and the patients' radiation doses. In most of the cases an emergency CT scan of adequate quality (1.27 mm slice thickness), which was acquired before hemicraniectomy, was available and served as pre-explantation CT.

There were two variants for creation of the mould, referred to as Variant A and Variant B.

Variant A The CT scans were loaded into the BrainLab iPlan neuronavigation software (Version 3.0; BrainLab, Feldkirchen, Germany). After image fusion of the available scans a three-dimensional (3D) volume rendering was performed using Hounsfield thresholding ($200 > I[x, y, z] > 3,071$). Partially resorbed bone, drainages and other objects were manually erased from the object until a perfect 3D model of the skull and the bony defect was created.

Using the same procedure a second 3D model of the intact skull was created using the pre-explantation CT. Then the second model was digitally subtracted from the first, resulting in a 3D model of the intended PSMI. The model of the intact skull was digitally filled out and the model of the PSMI was subtracted. This resulted in a digital version of the mould for creation of the Palacos-PSMI (Fig. 2). To reduce material needed for 3D printing, non-required parts such as the contralateral side were removed, leading to a mould that showed about one cm of the surface of the surrounding bone.

Variant B If no pre-explantation CT was available, the 3D model of the skull with the bony defect was

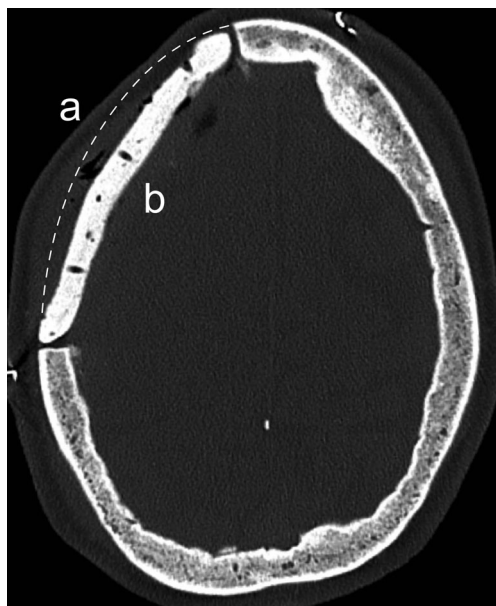
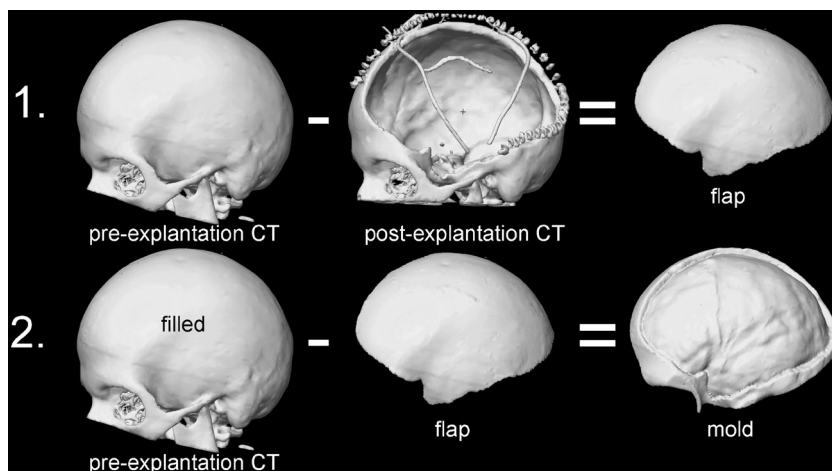


Fig. 1 Postoperative CT scan of a free-hand PMMA cranioplasty—*a* ideal shape of the cranioplasty; *b* the achieved shape of the cranioplasty is too flat

Fig. 2 Creation of mould template. Step 1: The post-explantation CT is subtracted from the pre-explantation CT. The result is a 3D model of the required PSMI (flap). Step 2: The 3D model of the flap is subtracted from the pre-explantation CT, which is then digitally “filled out”. After elimination of non-required parts such as the contralateral side and zygoma the result is a 3D model of the mould



mirrored and manually adjusted to meet the shape of the opposite side using iPlan. Then the resulting mirrored object was shrunk by 3–4 mm (the intended thickness of the resulting PSMI) and fused to the non-mirrored 3D model, resulting in a mould for PSMI creation. The mould was then isolated from the intact parts of the skull, which are irrelevant for the creation of the PSMI, using the split-tool of iPlan.

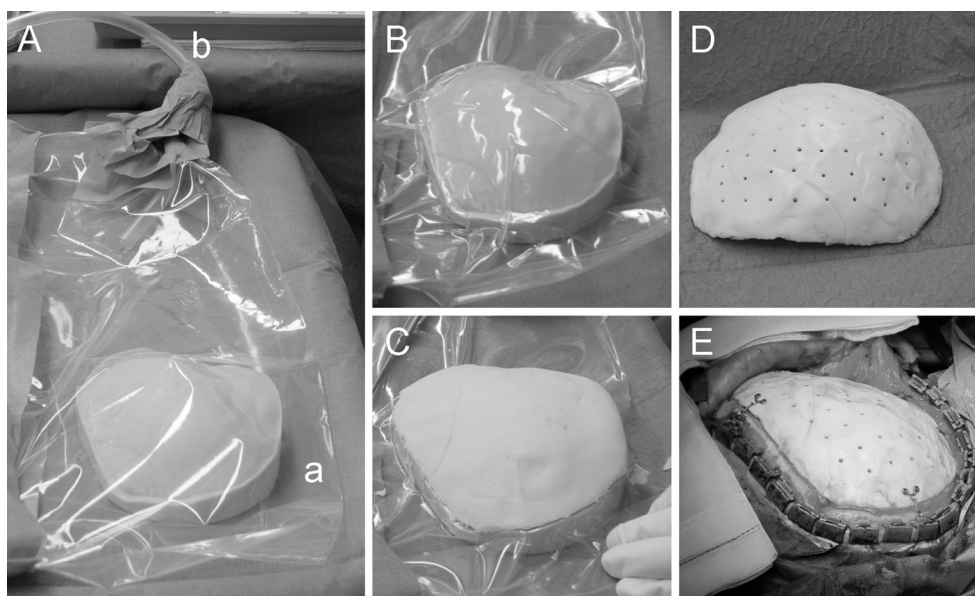
The resulting object was exported as an STL file (“Surface Tessellation Language” 3D file format) and transferred to a 3D printer (Spectrum ZTM 510 printer; Z-Corporation, Rock Hill, SC, USA), a high-speed printing device allowing the production of pieces up to 300×200×300 mm with a resulting printing resolution of 0.1 mm. It uses standard inkjet printing technology to create parts layer-by-layer by depositing a liquid binder

onto thin layers of powder. After completion of the printing process and drying of the binder solution, excessive powder material around the template model was removed and the mould was infiltrated with polyurethane.

Intraoperative workflow

The mould was brought into the sterile area of the operating room (OR) in an airtight sterile plastic bag, in which plastic tubing was previously inserted and connected to a vacuum suction device (Fig. 3A). After activation of the suction, the plastic bag neatly covered the surface of the mould (Fig 3B). The PSMI was then formed from polymethylmethacrylate bone cement (PMMA) on the sterile surface of the mould (Fig. 3C). After hardening of the PSMI a series of holes was drilled into it to allow exchange of fluid or blood between the

Fig. 3 Intraoperative creation of patient-specific moulded implant (PSMI). *A* The mould was brought into the OR in an air-tight sterile plastic bag (*a*), which was connected with the vacuum suction using a flexible tube (*b*). *B* After removal of the air inside the plastic bag using the vacuum suction the plastic neatly covered the mould surface. *C* The PSMI was created from PMMA on the mould’s surface. *D* After hardening of the PMMA, holes were drilled into the PSMI. *E* The implant was placed into the defect and was fixed using low-profile titanium plates and screws



epidural and the subgaleal space and to facilitate fixation of the dura at the implant through tissue growth into the holes (Fig. 3D). The PSMI was then fixed into the bony defect using titanium plates and screws (Fig. 3E). To prevent subgaleal and epidural haematoma, a subgaleal drainage was implanted in all cases.

Time investment in the procedure

The whole procedure, from planning of the 3D mould until implantation, could be performed within 24 h if necessary, which was done in one case. Creating the digital 3D mould using BrainLab iPlan tool, depending on the quality of the CT images, size and location of the bone defect, between 1 and 2 h in the hands of an experienced person. Rapid prototyping of the mould took approximately 2.4 h for a volume of 350 cm³. The binder solution required drying overnight and infiltration with polyurethane. The process of creating a PSMI implant using the mould took approximately 30 min altogether.

Postoperative neuroimaging

Postoperative CT was performed in case of clinical necessity (e.g. headache onset) to rule out complications such as epidural haematomas or hygromas requiring revision. In cases with perfect clinical and cosmetic results, we dispensed with postoperative imaging to reduce unnecessary application of radiation to the patients.

Patients' subjective assessments of implant quality

To judge the cosmetic results of the PSMI implantations, all patients were asked to answer a catalogue of questions concerning their subjective estimation of their status at least 3 months postoperatively. Seventeen patients (61 %) filled in the questionnaire. One patient could not be contacted postoperatively as he moved to an unknown address. The questions were the following: general satisfaction with the result of the surgery, satisfaction with the cosmetic result, peculiarity of scars, satisfaction with skull shape, symmetry, and palpable

Fig. 4 Volumetric bone flap subtraction examples. *A* The 3D reconstruction of the bone after implantation of a PSMI (in white) is subtracted from the 3D model of the ideal bone flap. The resulting volume (yellow) is representative for the “quality” of the PSMI shape. In this example the PSMI is a little too flat in the frontal region, which results in a considerable volume after subtraction (*a*). *B* In this example the PSMI is not in the perfect position, resulting in a small subtraction volume on the inside (*b*). *C* In the third example the PSMI is quite well shaped, but very thin compared with the contralateral side. This results in an interior (*c*) and exterior (*d*) volume after subtraction. The dura shows signs of calcification (*e*). *D* In the last example the shape and position of the PSMI are perfect. The outer surface of the implant is optimal. The thickness does not correspond with the contralateral side everywhere, but is absolutely sufficient

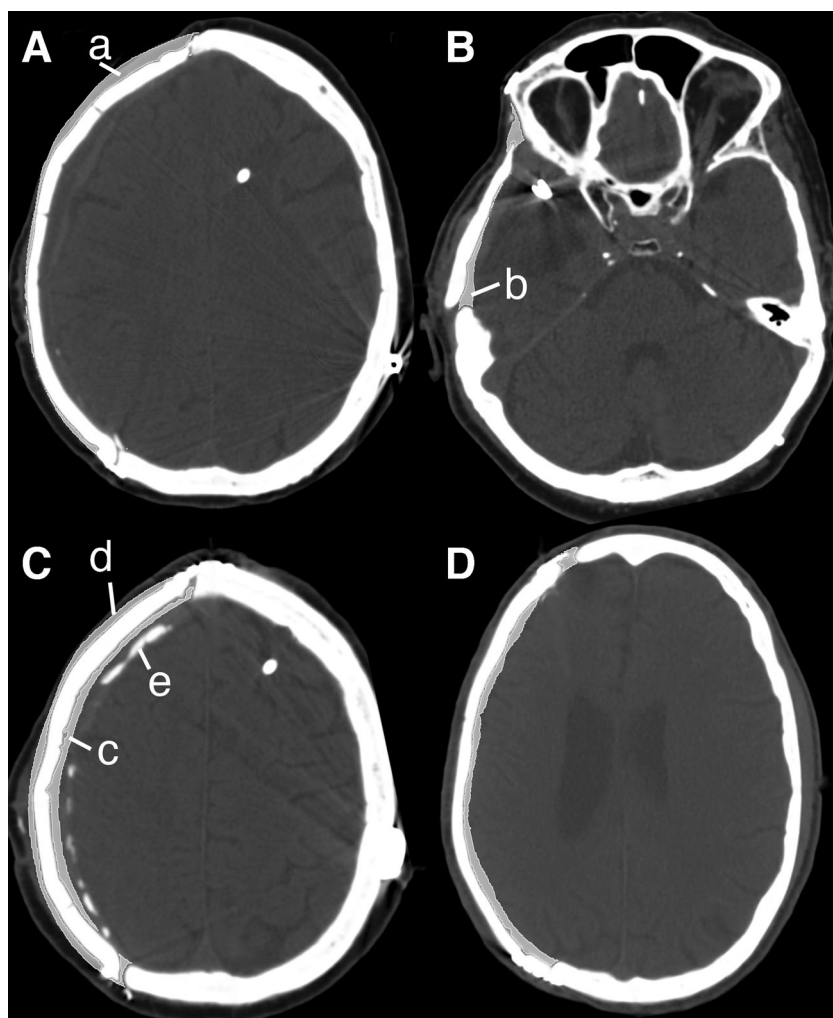


Table 1 Complications after PSMI implantation

	<i>n</i>	Patient IDs
Infection of unknown origin	0	
Infection after wound healing disturbance	2 (7.1 %)	4, 25
Haematoma	2 (7.1 %)	5, 23
Hygroma	2 (7.1 %)	13, 16
Subcutaneous CSF leak (transient)	1 (3.6 %)	24
Subcutaneous CSF leak (persistent)	2 (7.4 %)	1
Hydrocephalus	1 (3.7 %)	13

Incidence of complications after implantation of a PSMI. The patient IDs correspond to the cases in Table 2

gaps or tiers around the implant (each indicated with an ordinal six-step scale from very poor to excellent). Finally, the patients were asked to judge their general condition pre-operatively and postoperatively (six-step scales from very poor to excellent). Statistical significance was tested using two-sample Wilcoxon test. *P* values less than 0.05 were considered significant.

Objective assessments of implant quality—Volumetric bone flap subtraction

The available postoperative CT scans for 19 patients (68 %) were closely examined and parameters were measured to judge the objective quality and fit of the implant. A volumetric reconstruction of the implanted PSMI and surrounding skull (Hounsfield units 200–3,071) was subtracted from the 3D model of the ideal flap (result of step 1 in Fig. 2). In case of a perfectly sized, shaped and implanted PSMI, this should lead to a complete extinction of the ideal flap model, with a volume of 0 cm³. The other extreme, in which there was no

overlap of the two structures, would be the full volume of the flap model. The resulting volume was set in relation to the volume of the ideal flap model to achieve a result independent from the size of the implanted PSMI (Fig. 4). The result is subtracted from 1 and multiplied by 100 to generate a “quality grade” ranging from 0 (no overlapping between PSMI and ideal flap model) to 100 (perfect size, shape and implantation).

Gaps between bone and PSMI implant were measured in axial planes at three spots: Postero-superior (parietal), antero-superior (frontal) and antero-inferior (fronto-orbital), in millimetres. There were no measurements in the temporal region, as the implants were mostly not designed to cover the inferior portion of the temporal decompression. In addition to gaps, the thickness of tiers was measured in millimetres. The thickness of the PSMI was measured in millimetres via axial CT in the centre of the implant and on the corresponding contralateral side.

Objective assessments of implant quality—Calculation of the dice similarity coefficient

A standardised procedure to measure identity of two volumetric objects is calculation of the dice similarity coefficient (DSC) [21] according to the following formula:

$$DSC = 2 (A \cap B) / (A + B)$$

- DSC Dice similarity coefficient
- A Volume (cm²) of the ideal flap model
- B Volume (cm²) of the implanted PSMI

Values range between 0 (no overlapping of two objects) and 1 (perfect match).

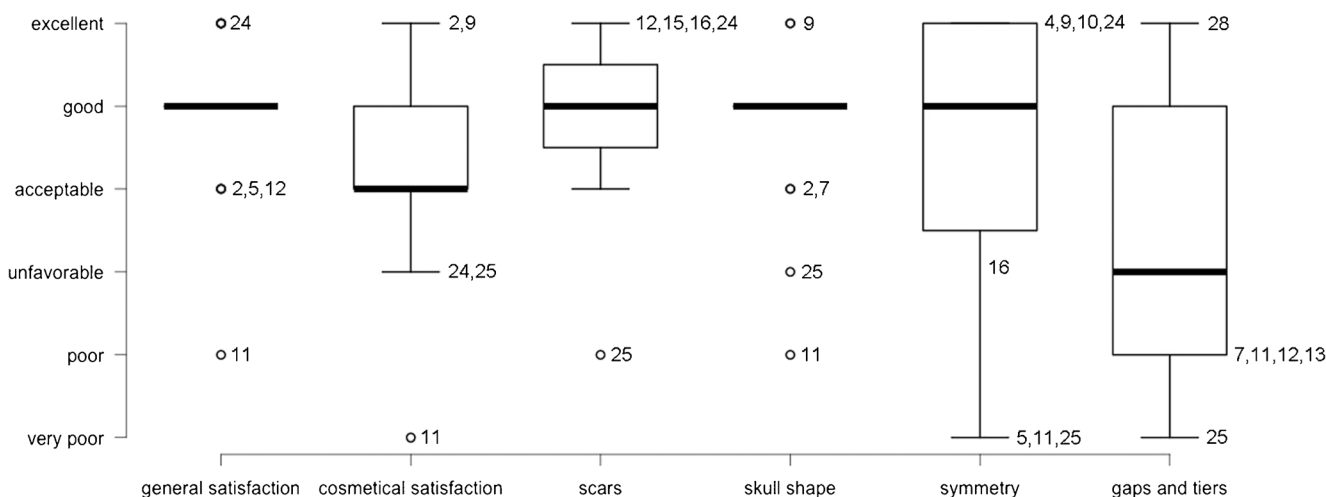


Fig. 5 Cosmetic outcome after PSMI implantation. Patients were asked postoperatively to judge the cosmetic results on ordinal 6-step scales from very poor to excellent. The numbers represent the cases in Table 2

Results

Surgical outcome and complications

All patients recovered well from surgery. One case of postoperative epidural haematoma required surgical revision. One patient with delayed epidural haematoma was readmitted from rehabilitation because of new hemiparesis and deterioration of vigilance; she was successfully treated by trepanation and evacuation of a chronic haematoma at the centre of the PSMI and implantation of an epidural drain for 48 h. In one patient, a subcutaneous cerebrospinal fluid (CSF) collection was alleviated after transdermal puncture and evacuation. In another patient, the CSF collection slowly regressed without treatment. In one further patient, conservative treatment of a subcutaneous CSF collection was not successful and the patient recovered well after implantation of a VP shunt on the contralateral side. Two patients experienced wound-healing disturbances with opening of the scar over the titanium plates. Both showed no signs of local or systemic infection. In both patients the PSMI was removed and a new one was created using the same mould 4 weeks later. One of them recovered well, but the other suffered repeated wound healing disturbances and required repeated revision of the implant and closure of the skin using free tissue transplants (Table 1).

Cosmetic results

In general, the patients judged the surgical results as good (Fig. 5). Both patients with wound healing disturbances found their result ‘good’. Two of the patients with postoperative subcutaneous CSF collections found their result even ‘excellent’. Most patients found their cosmetic result acceptable and scars, skull shape and symmetry of the head ‘good’. Figure 6 shows 3D reconstructions of case 25, who judged skull shape, symmetry and gaps and tiers to be ‘very poor’. However, to the observer the result does not look bad.

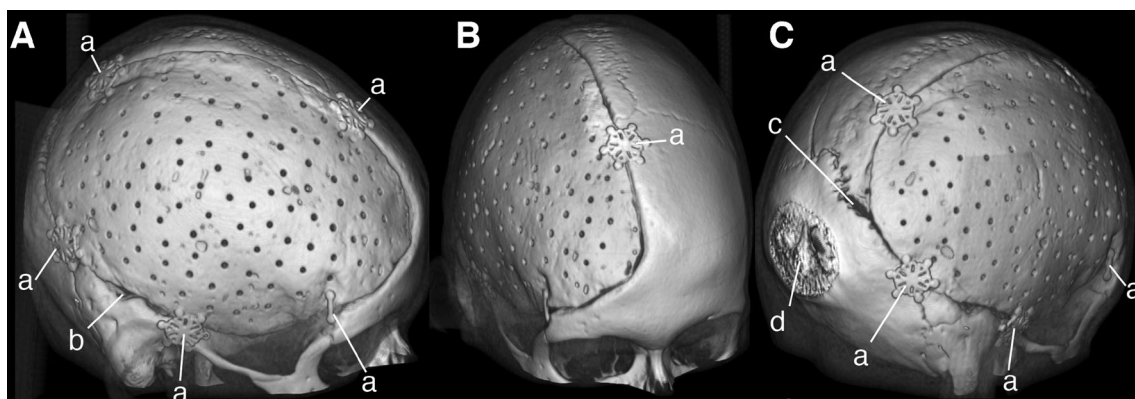


Fig. 6 Illustrative 3D views of case 25. The 3D reconstructions show the fit of the PSMI of case 25 (see Table 2), who judged gaps and tiers “very poor”. *A* Lateral view; *B* frontal view; *C* posterior view—*a* titanium low-

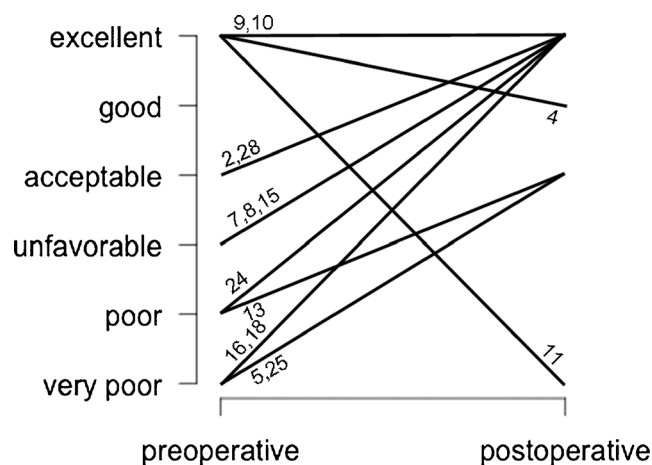


Fig. 7 Patients’ general conditions before and after PSMI implantation. Patients were asked preoperatively and postoperatively to judge their condition on ordinal six-step scales from very poor to excellent. The numbers represent the cases in Table 2. Only one patient (11) encountered a relevant subjective deterioration

Other clinical results

There was a significant improvement in the general condition in our cohort of PSMI patients ($p=0.024$, Fig. 7). The one patient who reported that his general condition deteriorated postoperatively, from excellent to very poor, is the same patient who judged his cosmetic results as poor (Fig. 6).

Objective assessment of PSMI quality in postoperative CT scan—Volumetric bone flap subtraction

The median volume of the ideal flap was 98.3 cm^3 (SD 34.9). After subtraction of the volumetric reconstruction of the implanted PSMI and surrounding bone the median overlapping volume was 22.3 cm^3 (SD 18.5). The median calculated objective quality grade was 80 (SD 18.0, Table 2).

Gaps and tiers were smallest in the postero-superior (parietal) region, where an average gap of 2.2 mm (SD 2.1)

profile microfixation plates, *b* small gap cranial of the petrous bone, *c* gap from dehiscent lamdoid suture resulting from the initial trauma; *d* reconstruction artefact (scan did not cover the most posterior parts of the skull)

and a median of 1.5 mm were measured. Tiers were mainly inward (average 0.9 mm, SD 0.9, median 1.2 mm). In the antero-superior (frontal) location the average gap was 3.5 mm (SD 5.7, median 1.7 mm) and the tier was 0.2 mm outward (SD 1.1, median 0 mm). In the antero-inferior (fronto-orbital) location the average gap was 3.8 mm (SD 2.7, median 3.5 mm) and the average inward tier 0.1 mm (SD 1.0, median 0.0 mm, Table 2).

The thickness of the PSMIs corresponded well with the thickness of the contralateral bone. The average PSMI thickness was 4.0 mm (SD 0.8, median 3.8 mm, range 3.2–6 mm). On the contralateral side the average bone thickness was 4.2 mm (SD 0.9, median 4.0 mm, range 2.7–6.1 mm). The

average difference between PSMI and contralateral bone thickness was -0.2 mm (SD 0.9, median 0.0 mm, range -2.9 to 1.3 mm, Table 2).

Discussion

Improvements in intensive care as well as neuroimaging and microsurgical techniques have led to a growing number of indications for hard tissue replacement (HTR) in cranial neurosurgery. There are numerous materials available for this purpose, all of which have their individual advantages. The most commonly used and cheapest is polymethylmethacrylate

Table 2 Objective judgement of PSMI quality

No.	Volumetric assessment				Thickness at centre		
	Missing bone volume ("ideal flap") (cm ³)	Overlap (cm ³)	Quality grade (0–100)	DSC (0–1)	PSMI (mm)	Contra-lateral bone (mm)	Relation (%)
1	80.6	6.7	92	0.72	3.5	3.5	100
2	53.3	18.9	65	0.66	3.2	3.2	100
3	88.7	41.9	53	0.6	3.5	3.7	95
4	No postop CT available						
5	67.9	18.2	73	0.69	6.0	4.7	128
6	No postop CT available						
7	93.4	12.1	87	0.69	3.3	2.7	122
8	137.5	24.5	82	0.84	3.2	6.1	52
9–11	No postop CT available						
12	99.7	49.9	50	0.54	3.7	3.7	100
13	125.1	24.8	80	0.71	3.9	4.1	95
14	No postop CT available						
15	128.3	75.6	41	0.38	4.4	4.3	102
16	98.8	7.9	92	0.8	3.6	4.4	82
17	98.3	5.72	94	0.76	5.8	4.0	145
18	No postop CT available						
19	130.0	18.1	86	0.63	3.5	3.9	90
20	46.3	1.1	98	0.77	4.3	4.8	90
21	No postop CT available						
22	91.9	28.1	69	0.66	3.9	3.9	100
23	124.0	21.9	82	0.7	4.0	5.2	77
24	177.7	35.1	80	0.76	4.5	4.6	98
25	135.7	46.1	66	0.68	4.8	5.1	94
26	No postop CT available						
27	88.7	42.6	52	0.52	5.1	3.5	146
28	40.9	22.3	45	0.47	4.1	4.2	98
Mean	100.3	26.4	73	0.66	4.1	4.2	101
Median	98.3	22.3	80	0.69	3.9	4.1	98
SD	34.9	18.5	18	0.12	0.8	0.8	22

The result was evaluated by volumetric subtraction of the PSMI from a 3D object representing the missing bone. The overlapping volume was then put in relation with the volume of the missing bone. The resulting quality grade ranges from 0 to 100. The median result of our cases was 80. The median dice similarity coefficient (DSC) was 0.69. The thickness of the implanted PSMI was measured and put in relation with the contralateral bone. The median thickness was 98 %

Table 3 Materials for hard tissue replacement: summary of literature

Author Date	Study design	Pathology	Region	n	Material	Outcome	Complications	Material costs
Artico et al. 2003 ¹	RS	Benign tumours and tumour-like lesions	Cranio-facial	15 (8 f, 7 m) successful in 11/15 cases	Autologous bone (split graft)	cosmetic: 7 excellent, 5 good	1 hypertensive pneumocephalus	No costs
Cabraja et al. 2009 ²	RS	* 13 trauma, * 5 CVI, * 4 meningioma, * 1 dysplasia, * 1 bone erosion, * 1 herpes encephalitis, * 1 brain abscess	* 11 fronto-temporo-parietal * 1 bilateral * 4 bifrontal	26 (11 f, 15 m)	Titanium	* 17 excellent, * 6 good, * 2 fair, * 0 % poor results 88 % satisfied with cosmetic result		Mean 3,733 €
Chim and Gosain 2008 ³	RS	Craniofacial irregularities	Cranio-facial	25	* 5 hydroxylapatite onlay * 3 calcium dahllite onlay (Norian CRS; Synthes, Paoli, PA, USA) * 3 Bioactive glass inlay (Nova Bone; Porex Surgical, Fairburn, GA, USA) * 7 Demineralised bone paste * 1 Demineralised bone struts * 6 prefabricated polymers (Medpor/porous polyethylene) Hydroxyapatite		* 1 postop infection requiring partial implant removal (onlay patients) * 1 postop infection (prefabricated polymers), conservative treatment	
David et al. 2005 ⁴	RS	S.a. Cranio-synosthosis	Cranial defects	8 (6 m, 2f)		All adequate aesthetic and mechanical repair	* 1 microfragmentation during hardening process * 1 wound dehiscence with loose bone cement fragments	
Dean et al. 2003 ⁵	PS		Various large skull defects	5 (5 m)	PSMI (PMMA formed after a computer-generated mould)			
Ducic, 2002 ⁶	RS		* 12 frontal, * 5 temporal, * 2 parietal, * 1 occipital	20	Titanium mesh and hydroxyapatite bone cement	Good mechanical outcome	0 infections	
Durham et al. 2003 ⁸	RS	* 4 trauma, * 2 fibrous dysplasia, * 2 infected bone flaps, * 1 tumour	Frontoparietal	8 (4 m, 4 f)	Titanium mesh and hydroxyapatite bone cement	Excellent cosmetic results	2 infections requiring removal	Approx. US\$ 7,000
Eppley et al. 2002 ⁹	RS	* 12 secondary reconstructions: including bone flap infection, traumatic		14 (9 m, 5 f)	hard tissue replacement polymer PMI	* 13 very good	0 infections	

Table 3 (continued)

Author Date	Study design	Pathology	Region	n	Material	Outcome	Complications	Material costs
Fathi et al. 2008 ¹⁰	TN	injury, congenital absence of the sphenoid wing * 2 primary reconstructions: Fibrous dysplasias * 1 bone infiltrating tumour * 1 decompressive craniectomy with epidural empyema	frontoparietal	2 (2 f)	PMMA formed on the explanted bone flap	* 1 required secondary alloplastic temporal augmentation 2 excellent cosmetic results	0 infections	
Friedman et al. 2000 ¹¹	RS	* 34 surgically induced defects * 6 posttraumatic defects	Frontal sinus and fronto-facial	40 (29 m, 11 f)	Hydroxylapatite		* 3 explantations for infections * 4 explantations for surgical re-exploration * 3 explantations for mucous cysts	PMMA: 80 € Tutoplast 44–920 € (Ceramic or titanium PSI: 4,000–8,000 €)
Kriegel et al. 2007 ¹⁵	RS	* 19 decompressive craniectomies; * 15 infection; * 2 head trauma		61	* 36 freehand PMMA; * 25 Tutoplast processed autografts	PMMA: * 26 satisfactory results * 5 not satisfactory results * 5 unknown Tutoplast: All satisfactory results	PMMA: * 4 died * 14 severely disabled * 18 satisfactory recovery * 2 removal due to PMMA related complications Tutoplast: * 1 died * 18 severely disabled * 6 satisfactory recovery * 1 removal due to infection * 1 removal for resorption No difference in infection rate (13.9 % PMMA, 8.3 % Tutoplast) 11.8 % resorption rate in Tutoplast group	PMMA: 80 € Tutoplast 44–920 € (Ceramic or titanium PSI: 4,000–8,000 €)
Lee et al. 2009 ¹⁶	RS	Decompressive craniectomies	Trauma CVI	131 * 91: 26 f. 62 m * 23: 9 f. 14 m * 17: 5 f. 12 m)	* 91 fresh frozen autografts, * 23 freehand PMMA, * 17 PSMI (computer-assisted PMMA)		* 5 infections of 91 in autograft cases * 3 infections of 23 in freehand PMMA cases * 1 infection of 17 in PSMI cases No significant improvement by moulded design of implants.	PSMI: US\$ 800 Normal PMMA: US\$ 80

CVI cerebrovascular incident, RS retrospective study, PS prospective study, TN technical note, PMMA polymethylmethacrylate, PMSI patient specific moulded implant

The table shows an overview over the literature concerning the use of different materials for hard tissue replacement. There was only one prospective study, which included five patients and did not report about complications related to the technique. There is no study known to us that systematically compares different materials concerning their benefits. RS retrospective study, PS prospective study, TN technical note, PMMA polymethylmethacrylate, PMSI patient specific moulded implant

(PMMA) bone cement. It can be formed intraoperatively to fill the bone defect, and is biocompatible and very stable. A disadvantage is that the manually formed bone replacements often have a suboptimal shape, leading to an inferior cosmetic result. An alternative is the use of autologous bone (split grafts) [1], but this is only available for small defects. Other artificial bone replacements can be made of hydroxylapatite (HA) bone cement, which is usually formed on a matrix of titanium mesh (onlay technique). HA has the benefit that bone can grow into the margins of the bone replacement and improve the stability of the implant over time. Disadvantages are the high costs and the high infection rate in published studies [3, 4, 6, 8, 11, 15, 16]. Patient-specific implants (PSIs) are usually designed based on CT scans of the patients and are provided by specialised companies. They can be made from titanium, polyether-ether-ketone (PEEK), other polymers, PMMA, HA or biocompatible glass ceramic. What they all have in common is that they usually fit into the defect perfectly and lead to an optimal cosmetic result. Unfortunately, the costs for all of them are relatively high and range from US\$ 3,500 to more than US\$ 5,000 per piece, depending on the dimensions of the implant and the material [2, 3, 9]. Titanium, PEEK and ceramics can be resterilised in case of surgical revision. Titanium has the disadvantage that it conducts cold temperature far better than bone, which can be uncomfortable for patients (Table 3) [2].

Alternatives to commercial PSIs

The only artificial alternatives to commercially available PSIs are hand-made bone replacements from PMMA or HA bone cement. PMMA is particularly inexpensive (less than US\$ 500 per piece) and is therefore frequently used even for replacement of large bone defects. To achieve better cosmetic results using this material, several different attempts were made. One very simple approach was to form the bone replacement directly on the explanted bone flap [10]. This technique has the potential disadvantage that a possibly infected bone flap must be brought into the OR and even into direct contact with the PMMA, leading to a risk of infection. Though increased infection was not shown in the small number of published cases using this technique, it remains a possible serious threat for patients. Another idea is to combine the advantages of computer-assisted design with the benefits of intraoperatively formed PMMA implants. In addition to the PMMA material, the costs for this technique are relatively low (Z-Corporation Spectrum T510 3D printer is offered for about US\$ 10,000 and material for printing is below US\$ 100 per mould). Two publications in the literature describe the use of computer-designed moulds [5, 16]. We independently developed a comparable technique and this report describes the largest consecutive series operated upon using this method. Furthermore, we provide patients' assessments of the

cosmetic results and evaluation of postoperative CT scans for a majority of the patients.

Results of patient-specific moulded implants

Complications were comparable with those reported for other techniques, including both commercial PSIs and non-commercial implants [7]. Infections related to wound healing over the titanium plates and the screws were easily treated. No complications were directly attributed to the material used or to the technique. Patients were mainly satisfied with the cosmetic results. Few patients complained about asymmetry of their skull and palpable gaps and tiers around the implant. Atrophy of the temporal muscle and poor overall neurological condition or depression might have contributed to this result, but it remains possible that commercial PSIs lead to slightly better cosmetic results. A standard for assessment of the postoperative result does not currently exist, which makes it impossible to compare the outcomes of the different techniques that have been described in the literature. We performed volumetric subtractions of the postoperative CT scans from the ideal bone flap models, resulting in an objective quality scale ranging from 0 to 100. While the median quality measured by this method was 80, four patients had values of more than 90, indicating nearly absolute identity of the implanted PSMI with what would be an "ideal" implant. Eight patients had values below 70, usually indicating a too thin or too flat PSMI. Of these, five patients completed the questionnaire. Only one of them (case 25) judged his cosmetic result as unfavourable. The others found it good or, in one case (case 2), even excellent. Only two of the patients (cases 11 and 25) showed clear dissatisfaction with the PSMI implant. In one of them (case 25) the postoperative CT scan corresponded with a relatively low objective rating. In the other case (case 11) we unfortunately did not have a postoperative CT scan available for evaluation. Calculations of the dice similarity coefficient (DSC) corresponded well with the quality scale. Cases with values above 0.7 showed optimal shape and fit of the implant.

Weaknesses of the present study are the low rate of returned patient questionnaires and the fact that not all patients received a postoperative CT scan. A prospective study comparing the results of commercially available PSIs with the PSMI technique reported here and described previously by Lee et al. [16] and Fathi et al. [10] is needed to identify advantages and disadvantages of the techniques.

Conclusions

Implantation of intraoperatively fabricated patient-specific moulded implants is a cost-effective and safe technique that leads to good clinical results with a low complication rate. Calculation of the DSC and the volumetric subtraction

technique presented here were appropriate for judging implant shape and fit.

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Conflicts of interest None

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