

Low- and High-Affinity Reactions in Rapid Neurotransmission*

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Until 1950–1960, most physiologists were reluctant to accept chemical neurotransmission. They believed that chemical reactions were much too slow to account for the speed of synaptic processes. The first breakthrough was to discover the impressive velocity of acetylcholinesterase. Then, nicotinic receptors provided an example of complex ultrarapid reactions: fast activation at a low ligand affinity, then desensitization if the ligand is not rapidly removed. Here, we describe synaptic transmission as a chain of low-affinity rapid reactions, assisted by many slower regulatory processes. For starting quantal acetylcholine release, mediators are activated by high Ca^{2+} concentrations, but they desensitize at a higher affinity if Ca^{2+} remains present. Several mechanisms concur to the rapid removal of Ca^{2+} from the submembrane microdomains. Among them, the $\text{Ca}^{2+}/\text{H}^+$ antiport is a typical low-affinity, high-speed process that certainly contributes to the rapidity of neurotransmission.

KEY WORDS: Rapid neurotransmission; mediator; synaptic vesicles; calcium clearance; $\text{Ca}^{2+}/\text{H}^+$ antiport; exocytosis.

Rapidity at the Expense of a Low Affinity

Neurotransmission in rapid synapses is a flash-like process: a spark of calcium in the nerve ending, a spark of transmitter in the cleft, and the impulse is over. Transmission must therefore involve a chain of chemical reactions with ultrarapid kinetics. However, as noticed by Bernard Katz (1) “time is gained at the expense of sensitivity.” This implies that fast reactions should operate at a low-affinity because the time constant for the ligand dissociation has to be short. Neuromuscular nicotinic receptors open for 1 ms or so in response to an abrupt elevation of acetylcholine (ACh) to submillimolar concentrations. If the transmitter is not rapidly eliminated from the cleft, the receptors desensitize and

transmission is perturbed and even blocked. Accordingly, neuromuscular acetylcholinesterase hydrolyzes very quickly ACh at a high concentration. Such kinetics are perfectly adapted for the discontinuous working of rapid synapses where nerve impulses can be transmitted at high frequencies, up to 100 Hz or more. These rapid postsynaptic mechanisms are regulated by a host of reactions that do not need to be as fast and can operate at higher affinities: allosteric actions on receptors, phosphorylations, dephosphorylations, up or down receptor regulations, slow modulations of the local membrane potential, etc.

While these kinetics aspects of transmission are well accepted for the postsynaptic side, much less is known on the presynaptic side. By analogy, one can expect that also the presynaptic nerve terminals utilize a chain of fast, low-affinity reactions, regulated by a variety of slower reactions. The object of the present article is to focus on ultrarapid, low-affinity reactions in the processes starting and arresting transmitter release.

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Calcium Activation of Transmitter Release

It has long been known that transmitter release is a Ca^{2+} -dependent process (2,3), although other factors, particularly depolarization per se, may play a role (4,5). At neuromuscular and nerve-electroplaque junctions, quantal ACh release is activated by millimolar concentrations of Ca^{2+} in a highly cooperative process (Hill coefficient = 3–4) (6–8). Investigations on other rapid synapses have provided similar values. When ACh release is elicited from synaptosomes by using a calcium ionophore, the efficient Ca^{2+} concentrations are in the same range but the Hill coefficient is close to 1, probably because of a slower Ca^{2+} entry through the ionophore (Fig. 1).

A molecule proposed to be the crucial Ca^{2+} sensor for quantal transmitter release should faithfully meet the above kinetics. SNARE proteins, particularly synaptotagmin, were candidates, but recent research indicated that if the SNAREs are required for vesicle docking they do not support the very last Ca^{2+} -dependent reaction, either vesicle fusion (9–11) or transmitter release (12). To our knowledge, only one molecule adequately fulfils the requested criteria. It is mediato-phore, an oligomer of a 15–16 kD proteolipid subunit, present at the active zone of presynaptic cholinergic terminals. Reconstituted in various systems, mediato-phore supports Ca^{2+} -dependent and quantal ACh release (13–15). The 16-kD proteolipid forming mediato-phore is also a subunit of the membrane sector of V-ATPase, and is found in some invertebrate gap junctions (16). The same very conserved proteolipid was recently identified in yeast as responsible for the very last Ca^{2+} -sensitive step of membrane fusion (10).

Figure 1 compares the Ca^{2+} -dependency of ACh release using synapses in situ, synaptosomes, and mediato-phore expressed in different systems. Release in intact synapses was monitored either by recording the amplitude of the electroplaque potential or, biochemically, by measuring transmitter output in response to a brief train of impulses. The Ca^{2+} -dependency was practically identical with both methods ($K_{0.5} = 1.55$ mM Ca^{2+} and Hill coefficient = 3.93). In *Xenopus* oocytes primed with *Torpedo* mediato-phore mRNA and depolarized using high KCl, the Ca^{2+} -dependency was close to that of the intact synapse. On the other hand, when the ionophore A 32187 was used, the slope was less steep (Hill coefficient = 1–2), but, strikingly, the Ca^{2+} -dependency remained the same in the native synaptosomes and in proteoliposomes equipped with mediato-phore (17,18). Therefore, reconstituted in oocyte membrane or proteoliposomes, the mediato-phore proteolipid behaves both as an “ACh translocator” and as

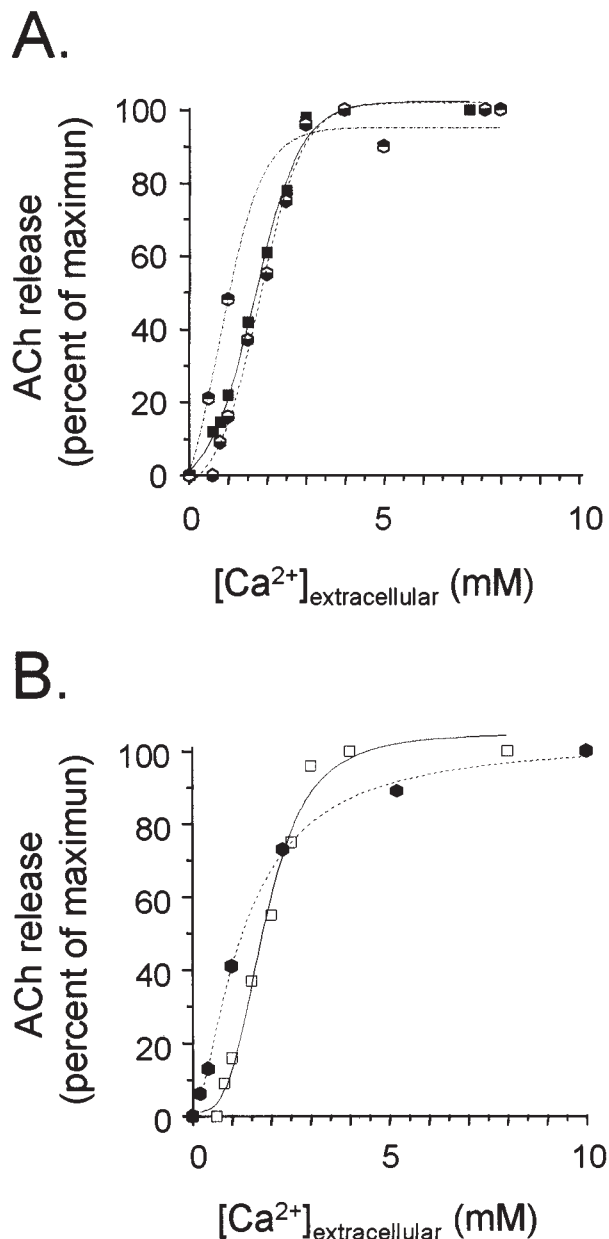


Fig. 1. Ca^{2+} -dependency of mediato-phore-reconstituted ACh release faithfully mimics Ca^{2+} -dependency of physiological transmission in intact synapses. *Graph A:* an identical Ca^{2+} -dependency is seen for the electrophysiological recording of synaptic transmission in the *Torpedo* electric organ (■), the biochemical measurement of the amount of transmitter released in intact synapses (●), and ACh released in response to KCl depolarization from oocytes primed with mediato-phore mRNA (●). (From ref. 8,18.) *Graph B:* ACh release elicited by using A23187 from *Torpedo* synaptosomes (□) or from mediato-phore-containing proteoliposomes (●). (From ref. 17.)

a “ Ca^{2+} sensor.” Its kinetics faithfully mimic those of transmitter release in natural synapses. Moreover, cells transfected with mediato-phore cDNA and pre-filled with ACh become able to generate ACh quanta in a Ca^{2+} -dependent manner upon electrical stimula-

tion (13,15). It is worthy of note that the 15-kD proteolipid interacts with SNARE proteins and, indirectly, with voltage-gated calcium channels (19,20).

Calcium Desensitization of Transmitter Release

While a sudden elevation of intraterminal Ca^{2+} triggers transmitter release, a prolonged exposure to Ca^{2+} provokes a process called “fatigue,” “desensitization” or “adaptation” of transmission (21–23). The phenomenon, investigated in more detail by using cholinergic synaptosomes, is very similar to the desensitization affecting ionotropic receptors (or to inactivation of certain ion channels). Compared to release activation, desensitization requires lower Ca^{2+} concentrations but develops more slowly. Surprisingly, desensitization was shown to be an intrinsic property of mediatophore as well. When incorporated into liposomes, mediatophore exhibits the two typical characteristics of the physiological release: low-affinity and rapid activation on one side, high-affinity and slow desensitization on the other side (24). In addition, the pharmacological profile of ACh release performed by the reconstituted mediatophore is similar to that of native terminals (25). The effects of Zn^{2+} also reinforce the view that mediatophore is the key mechanism of physiological release. When Zn^{2+} is introduced via A 23187 either in nerve terminals or in mediatophore containing liposomes, it mimics the effects of Ca^{2+} by causing both activation and desensitization of ACh release (26).

Therefore, mediatophore appears to be the key molecule in the ultrarapid reactions triggering quantal transmitter release. It is striking that the kinetics of such a presynaptic proteolipid homo-oligomer resemble so much those of ionotropic receptors and of many ion channels. In the mentioned experiments, mediatophore in the plasmalemma supported quantal ACh release directly from a cytosolic pool of neurotransmitter (27). However, the same or a very similar proteolipid is probably at work in other secreting systems: (i) mediatophore can form fusion channels by apposition of two proteolipid rings between a vesicle and the plasma membrane; and (ii) the rings can eventually enlarge, giving rise to full fusion and exocytosis (28).

Calcium Buffering in Nerve Terminals

The entry of Ca^{2+} through voltage-gated channels is obviously an extremely rapid reaction at a biochemical time scale, though a short delay is observed between the onset of depolarization and the Ca^{2+} signal (29). Substantial amounts of calcium enter the nerve terminals of rapid synapses upon activity (30,31).

However, free Ca^{2+} sparks very briefly in the cytosol, only in restricted “microdomains” situated at the inner mouth of Ca^{2+} channels (32). There, Ca^{2+} concentration explosively reaches a submillimolar concentration. Ca^{2+} is subsequently reduced, first by a very fast process accounting for the largest part of Ca^{2+} buffering, then by slower mechanisms that are sensitive to thapsigargin, an inhibitor of Ca^{2+} -ATPase pumps (33). The fall of presynaptic free Ca^{2+} level has been attributed to a variety of processes: buffering by cytosolic Ca^{2+} -binding proteins (mostly of the EF-hand family), $\text{Na}^+/\text{Ca}^{2+}$ exchange at the presynaptic membrane, Ca^{2+} -ATPase pumping in organelles of the nerve terminals and also of perisynaptic glial cells (33–37). Among them, the calcium ATPase pumps work at submicromolar Ca^{2+} ranges; they are thus typical high-affinity transporters, chiefly located in endoplasmic reticulum but also present in other organelles and at the plasma membrane. The Ca^{2+} -ATPase pumps of nerve terminals and periterminal glial cells can be blocked by thapsigargin, cyclopiazonic acid, 2,5-diterbutyl-1,4-benzohydroquinone or vanadate, resulting in significant alterations of transmitter release. In different cells and under different experimental conditions, release is either increased or prolonged in time, or even inhibited, probably because of the above-described desensitization (33,35,38).

High and Low-Affinity Calcium Sequestration in Synaptic Vesicle

Docked at the active zone of nerve terminals (39), synaptic vesicles are in a strategic position for sequestering calcium. It has long been demonstrated that cholinergic and other vesicles have calcium binding capabilities and are able to accumulate Ca^{2+} by an ATP-dependent mechanism (40,41). More recently, Gonçalves et al. (42) discovered that calcium is taken up by synaptic vesicles via two distinct processes: a Ca^{2+} -ATPase pump and $\text{Ca}^{2+}/\text{H}^+$ antiport.

The vesicular Ca^{2+} pump has a high affinity for Ca^{2+} ($K_{0.5} = 0.6 \mu\text{M}$) and is inhibited by vanadate. It displays a maximum velocity at $25 \mu\text{M}$ Ca^{2+} and pH 7.4, while larger Ca^{2+} concentrations inhibit the pump. The vesicular Ca^{2+} pump differs from the reticulum Ca^{2+} pump by having distinct kinetics: the reticulum pump has a still higher affinity for Ca^{2+} ($K_{0.5} = 0.017 \mu\text{M}$) and is inhibited at $25 \mu\text{M}$ Ca^{2+} , that is, at a concentration corresponding to the maximum velocity of the vesicular pump.

As for $\text{Ca}^{2+}/\text{H}^+$ the antiport, it displays a lower affinity ($K_{0.5} = 217 \mu\text{M}$) with a maximum activity at $500\text{--}600 \mu\text{M}$ Ca^{2+} . As expected, the antiport velocity

depends on the ΔpH through the vesicular membrane. Its relies on the activity of V-ATPase (inhibition by bafilomycin). The existence of these two calcium uptake mechanisms was demonstrated on isolated brain vesicles by using a battery of different techniques giving convergent results: uptake of ^{45}Ca , activity of Ca^{2+} -ATPase and V-ATPase, dissipation of the vesicular proton gradient, release of protons from the vesicles (42).

Transient Calcium Accumulation in Synaptic Vesicles and Extrusion from Nerve Terminals

After a brief tetanic nerve stimulation, calcium spots became visible inside synaptic vesicles and were identified by using electron microscopic imaging. At the nerve-electroplaque junction, the total number of vesicles did not change after the stimulation, but the number of vesicles containing a calcium spot significantly increased (Fig. 2). The effect was transient and returned to control values in parallel to the decline of the total amount of calcium accumulated in the terminals upon activity (43,44). Transient Ca accumulation in synaptic vesicles after nerve activity was also demonstrated in mammalian sympathetic ganglion (45) and hippocampus CA1 synapses (46). Vesicular Ca accumulation was accompanied by a similar increase in the number of Ca spots in the reticulum of pre- and postsynaptic structures.

Ancient observations suggested that the more synaptic vesicles accumulated calcium, the more they loose vesicular acetylcholine (Fig. 3). During the course of a 10-Hz stimulation of the nerves to the electric organ in vivo, transmission was exhausted after 3 min or so. At this stage, the free (cytoplasmic) pool of ACh had been significantly reduced and renewed, but not that of vesicle-bound ACh (see review in 27). If nerve stimulation was prolonged in spite of transmission failure, calcium progressively accumulated in nerve terminals while the level of vesicular ACh correlatively decreased (31,47).

Two mechanisms can be proposed as an explanation for the expulsion of calcium from vesicles. First, calcium could return from the vesicle to the cytosol. It may then be expelled out of the terminal by plasmalemmal $\text{Na}^+/\text{Ca}^{2+}$ antiports and Ca^{2+} ATPase pumps. In a second scenario, the vesicles loaded with calcium may fuse with the membrane and extrude calcium by exocytosis. To test this, synapses were submitted to ultrarapid freezing and the membranes were examined for vesicle openings in freeze-fracture replicas. No increase in the density of vesicle openings was

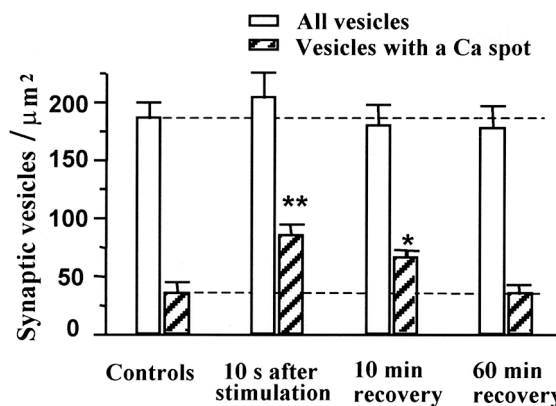
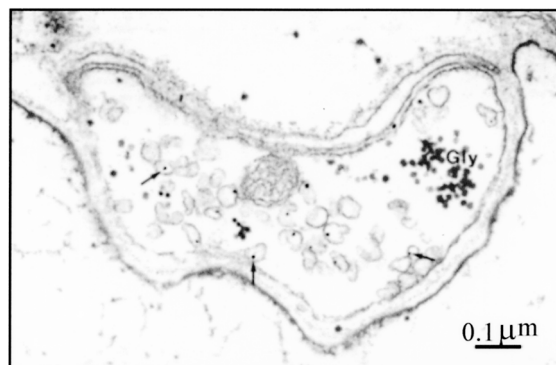


Fig. 2. Transient accumulation of calcium in synaptic vesicles after a brief period of activity. After a 100-Hz nerve stimulation, fragments of electric organ were fixed at a low temperature in a calcium-free medium containing oxalate. Calcium was revealed with pyroantimoniate and identified by using electron spectroscopy imaging. Calcium spots were found in vesicles and other structures. After stimulation, the total number of vesicles did not significantly change, while the number of calcium-containing vesicles transiently doubled. (From refs. 43,44.)

found during the very moment of synaptic transmission (48), but the number of openings clearly rose during the first few minutes following a brief tetanic stimulation (44). Similarly, vesicle openings were found to peak after a period of activity in various synapses (see references in 49).

What happens to the vesicular ACh when calcium accumulates in the organelle either via the $\text{Ca}^{2+}/\text{H}^+$ antiport or the Ca^{2+} -ATPase pump? One can suspect that ACh is displaced from the binding sites provided by the intravesicular proteoglycan matrix (50,51); unbound ACh will then escape from the vesicle either by inversion of the vesicular ACh transporter (ACh/ H^+ antiport) or via the V_o sector of V-ATPase (which, being also the mediatoaphore proteolipid, can pass ACh upon Ca^{2+} activation). In this view, vesicular ACh would be delivered from the vesicle to the cytosol, just at the microdomain of the

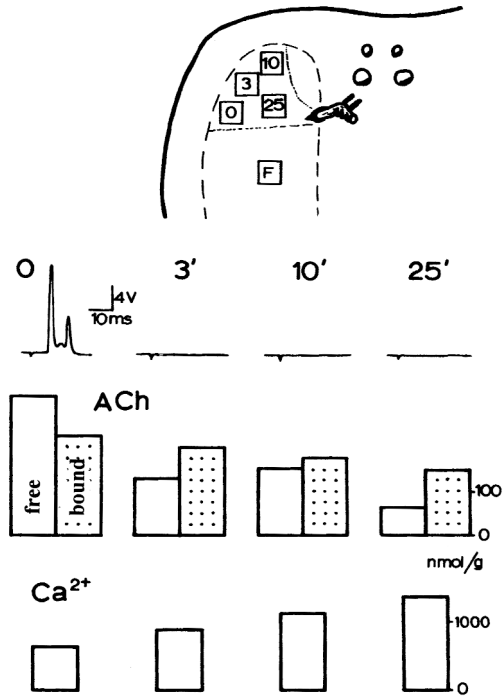


Fig. 3. In vivo experiment illustrating calcium-acetylcholine exchange in synaptic vesicles. The upper drawing is the silhouette of a *Torpedo*, indicating the electrodes for nerve stimulation and the places where small pieces of electric organ were excized for tissue analysis at the times indicated during the course of stimulation. F = final control in an unstimulated place. The nerves were stimulated at 10 Hz for the indicated times. The first line shows records of the electrical discharge, the second line amounts of free and vesicle-bound ACh, and the third one intracellular calcium. After 3 min, transmission was exhausted because of failure in ACh release. At this stage there was a decrease in the free pool of ACh but not in the vesicle-bound ACh, and some calcium accumulated in nerve terminals. When stimulation was prolonged in spite of transmitter failure, vesicular ACh progressively declined while calcium continued to accumulate. (From ref. 31.)

active zone, preventing local exhaustion of the rapidly turning over free ACh pool.

An alternative process could occur in those secreting systems where the transmitter is released through a fusion pore in a “kiss and run” manner. Calcium entering the docked vesicles will displace from the matrix a given amount of transmitter, which will escape through the fusion pore.

CONCLUSION

We propose that transmission in rapid synapses is supported by a chain of rapid processes working at a high speed, but at the expense of a low affinity. Among them are the action potentials, presynaptic Ca²⁺ entry, Ca²⁺ activation of transmitter release through mediators, Ca²⁺/H⁺ exchange in vesicles,

ionotropic receptor activation, and transmitter removal from the cleft. In some of these processes, activation is followed by desensitization when the ligand (or the signal) persists. This chain of rapid reactions is assisted by a large number of slower processes, often working with higher affinities, and which are vital for the regulations, fine tuning, and maintenance of the synapse. The latter category encompasses metabotropic pre- and postsynaptic receptors, glial elements, Ca²⁺- and V-ATPases, SNARE proteins, ion channels modulating membrane potential, plasmalemmal and vesicular transporters, enzymes involved in neurotransmitter synthesis and storage, and in the energy supply of the synapses, etc. Alteration of any of these regulatory functions is of course expected to modify the main core of rapid reactions, and thereby synaptic transmission. A typical example is found in reconstitution experiments. Co-transfection of choline acetyltransferase and/or vesicular ACh transporter together with mediators do not change the kinetics of ACh release or the quantal size, but increases the release efficiency by allowing a larger number of quanta to be generated (15,52).

At fast synapses, this complex network of rapid and slow mechanisms accomplishes the most fascinating task one can imagine: to use chemical reactions for the millisecond transmission of nerve impulses.

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