## INTERVENTIONAL NEURORADIOLOGY

# Preclinical testing of a new clot-retrieving wire device using polyvinyl alcohol hydrogel vascular models

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Received: 5 May 2006 / Accepted: 20 October 2006 / Published online: 23 November 2006 © Springer-Verlag 2006

#### **Abstract**

Introduction Cerebral embolism is the principal cause of cerebral infarction. Recently, mechanical embolectomy has been proposed as an effective method. We performed a preclinical evaluation of a new mechanical clot-retrieving wire.

Methods This clot-retrieving wire consisted of three nitinol loops at the tip of a microguidewire. These three loops could be collapsed into a 0.018-inch wire compatible microcatheter. Each loop was 8 mm long and 3.5 mm wide. For simulation, polyvinyl alcohol (PVA) vascular anatomical models of the human carotid (eight models) and vertebrobasilar (three models) circulation were constructed. A pulsatile flow circulation system was used. Embolic clots were produced using pig blood plasma. The microcatheter and the microguidewire were advanced beyond the clot. The wire was then exchanged for the retrieving wire. The microcatheter was then pulled slightly back to open the loops. The clot was then caught by withdrawal of the system. Once caught, the clot was retrieved to the guiding catheter tip. We investigated the following points: ease of device

deployment, clot capture ability, clot removal against blood flow and removal of the clot out of the introducer system.

Results A total of 104 procedures were performed in 11 PVA models and evaluated. The drop rate was 19%. We succeeded in partial and total recanalization in 51.0% of the procedures (53/104) within 30 minutes.

Conclusion This new clot-retrieving wire could be useful for mechanical clot extraction in stroke.

**Keywords** Mechanical thrombectomy · Clot · Cerebral artery · Vascular model · Recanalization

## Introduction

Embolism from a proximal source is the leading cause of cerebral infarction. Embolism must be considered if a patient with arrhythmia presents with acute neurological signs. Stroke is associated with a short window of opportunity for treatment. In order to dissolve the clot, various approaches have been tried, such as the intravenous administration of streptokinase [1–5] or urokinase [6, 7], intraarterial administration of urokinase [8, 9] or prourokinase [10, 11], intravenous administration of tissue plasminogen activator (t-PA) [12-17] and intraarterial administration of t-PA [18-20]. Recanalization rates and final outcomes in the patients have been slightly improved, but with an increase in the incidence of hemorrhage. Moreover, some patients cannot be treated by any thrombolytic agent because of contraindications to therapy. New methods are required to treat these patients.

Recently, mechanical embolectomy has been shown to be a rapidly effective method for reducing cerebral

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hemorrhage induced by the thrombolytic agent. It also allows patients to be treated outside the therapeutic window and might globally improve treatment of embolism, when compared to thrombolysis alone. At present, clot-removal devices are under development. Some devices are based on a vacuum system [21–23]; others use ultrasonic vibration [24–27]. However, devices with complex systems are often too stiff to insert into the cerebral vasculature. Indeed, flexibility and simplicity of use are very important for clot removal from cerebral arteries. A few devices are now commercially available [28–30]. The recanalization rate of target vessels was found to be of 53.5% in a recent study concerning the MERCI device, which might be insufficient for a medical device. Therefore, a new device which has a high efficacy is needed.

A simple and small neuroendovascular clot retrieving device for use in the cerebral vasculature has been developed by the Terumo Corporation (Tokyo, Japan). Before it can be introduced clinically, this device has to be investigated regarding its ease of use, efficacy and safety. We chose to investigate its use in polyvinyl alcohol (PVA) hydrogel vascular models. Indeed, there are no animal models which have a suitable vessel size and geometric characteristics for this study. We also investigated how a clot can be caught by the new device, and how this procedure may fail.

#### Materials and methods

Polyvinyl alcohol hydrogel vascular models

PVA models pf the cerebral vasculature [31] were used for the test. In some previous studies of devices, glass or silicon models have been used. Glass models [32, 33] are too rigid and silicon models [34–36] have high wall friction. The friction of the device against the silicon wall is much higher than against the wall of a PVA model, as well as higher than against the human vessel wall [31]. Therefore, we preferred PVA models to silicon or glass models.

We utilized a total of 11 PVA models from Elastrat (Geneva, Switzerland) to test the effects of vessel tortuosity, the effects of the presence of side branches, and the effects of blood flow in dominant vessels and of collateral flow in accordance with our experience (Fig. 1).

For the vertebrobasilar system, we used three models:

- No. 1 Symmetrical smooth model
- No. 2 Asymmetrical tortuous model, type A (contralateral dominant vessel)
- No. 3 Asymmetrical tortuous model, type B (ipsilateral dominant vessel)

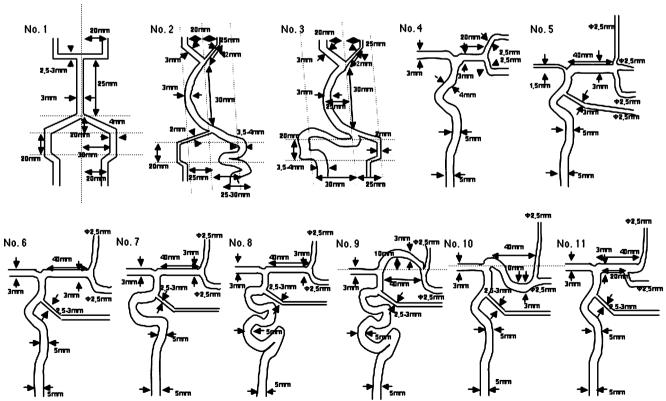


Fig. 1 Cerebral vascular PVA models (three vertebrobasilar artery and eight anterior circulation)



For simulations involving the middle cerebral artery (MCA), we used eight models (*ACA* anterior cerebral artery, *Pcom* posterior communicating artery):

- No. 4 Short MCA model with bifurcation and an anterior communicating artery, with an ACA, without a Pcom
- No. 5 Long MCA model with trifurcation and a Pcom, and a small ACA
- No. 6 Long MCA model with bifurcation and a Pcom, and a large ACA
- No. 7 Long MCA model with bifurcation and a Pcom, and a large ACA (tortuous type)
- No. 8 Long MCA model with bifurcation and a Pcom, and a large ACA (very tortuous type)
- No. 9 Long tortuous MCA model with bifurcation and a Pcom, with a large ACA (very tortuous type)
- No. 10 Long tortuous MCA model with bifurcation and a Pcom, with a large ACA
- No. 11 Long MCA model with early bifurcation and a Pcom, with a large ACA

#### Tested devices

The tested clot-retrieving wire consisted of three nitinol loops at the tip of a 0.014-inch microguidewire (Fig. 2). These three loops were mounted like a tulip at the tip of the microguidewire and they could be collapsed to fit into a 0.018-inch wire compatible microcatheter. The loop was 8 mm long and 3.5 mm wide. Once the three loops had been released from the microcatheter, the two side loops

opened like a flower due to their memorized shape. The center loop was rendered radioopaque by the presence of a titanium filament. Clot extraction with this device was comparable to that using a lasso.

Pulsatile flow was produced by a pump (Iwaki magnetic pump, Iwaki, Tokyo, Japan) which simulates physiological blood pressure and collateral flow. The following parameters were used: frequency 60 Hz, wave form pattern CB2, amplitude 1.0 V.

The following microguidewires were used: GT wires 0.012 and 0.016 inch (Terumo), Transend 0.014 inch (Boston Scientific Target, Fremont, Calif.), and SilverSpeed 0.010 inch (MicroTherapeutics, Irvine, Calif.). The following microcatheters were used: Progreat 2.4F and 2.7F (Terumo), FasTracker 18 (Boston Scientific Cork, Cork, Republic of Ireland) and Rapid Transit (Cordis, Miami, Fl.). The following guiding catheters used were: 6F Envoy MPD, 8F Vista Brite tip MDA1 and 9F Vista Brite tip MDA1 (Cordis), and 9F PATLIVE (Clinical Supply, Gifu, Japan). The Introducing sheaths used were 6F and 8F Brite tip sheath introducers (Cordis, Roden, The Netherlands). The results for each combination of devices were not recorded separately because the operating procedures were modified according to the previous test results.

The tests were performed on a biplane digital subtraction angiography unit (Integris V 3000; Philips Medical Systems, Best, The Netherlands). The contrast agent used was either Iopamiro 300 (Bracco, Milan, Italia) or Omnipaque 350 (Schering Schweiz, Zurich, Switzerland). For training, a few procedures were performed in each model by direct viewing without fluoroscopy.

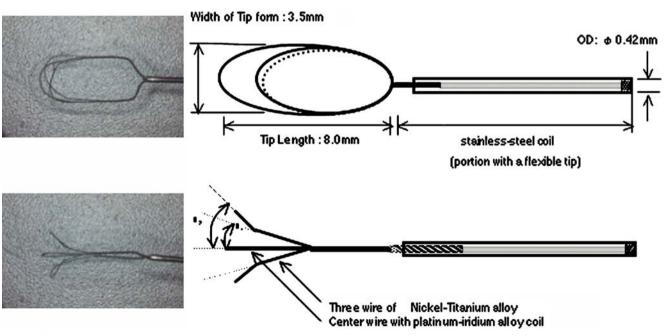


Fig. 2 Clot-retrieving wire (Terumo, Tokyo, Japan)

#### Clots

The clots were produced from swine blood. First blood was collected without heparin. Then 45 ml blood was added to 5 ml citric acid 3.8% (total 50 ml) (removal of calcium by citric acid), and the mixture centrifuged (3000 rpm, 10 min, room temperature). The plasma was then extracted and 5 ml was mixed 45 ml lactic acid Ringer's solution 45 ml), and the mixture stirred (chelating with calcium). Finally the fibrin lump is picked and trimmed. Clots of any size could be produced from the fibrin lump, and depending on the amount of calcium used, clots could be softer or harder.

## Test methods

For simulation of commonly encountered clinical conditions, the in vitro vascular models described above were constructed. Low-friction, transparent PVA vascular models were used and integrated into a pulsatile flow system providing physiological conditions. Embolic debris was simulated by introducing fibrin clots obtained from pig blood plasma hardened with lactic acid. The clot location was recorded and clot retrieval with the wire was attempted through both braided and nonbraided microcatheters. The microguidewire-microcatheter system was advanced such that the tip position reached distal to the clot. The regular wire was then exchanged for the retrieving wire system to reach the tip of the microcatheter. The microcatheter was then pulled slightly back to allow opening of the loops. The clot was caught by progressively withdrawing the system. Once caught, the clot was retrieved into the guiding catheter tip (Fig. 3).

We investigated the following points: (1) ease of device deployment; (2) clot capture ability; (3) clot removal against blood flow; and (4) removal of the clot out of the introducer system. A total of 104 procedures in 11 PVA models were performed and evaluated. All procedures were performed by well-trained neuroendovascular surgeons (Dr. Hasan Yilmaz, Dr. German Abdo and Dr. Fumio Asakura, Neuroradiology Section, Geneva University Hospital). They chose a combination of devices (clot-retrieving wires, microcatheters, guiding catheters, introducing sheaths) and modified the operation procedures based on their personal experience.

First, we performed procedures in simple PVA models with small and soft clots. Then, gradually, we performed procedures in more complicated models with larger and harder clots. Intentionally, we also tried to perform procedures in more difficult situations which we devised. We did this in order to determine which elements affected the difficulty of clot retrieval. In order to determine our learning curve, we measured the time for the procedure from insertion of the microcatheter to retrieval of a clot through the introducer in the last five procedures.

We observed the following effects:

- Effects of vessel geometry on the device: Cerebral
  vessels are very tortuous which renders insertion of
  devices difficult. In order to reach a clot located in a
  cerebral artery, the device must be inserted and guided
  through the tortuous vessels. When the clot is removed,
  it has to pass through the angles, bifurcations and the
  orifices of branches. We evaluated the influence of
  vessel geometry on the device.
- Blood flow effects: The clot is pushed forward by the strong blood flow. Thus, clot retrieval has to be done against the blood flow. We evaluated the influence of blood flow on clot retrieval.
- 3. *Clot quality*: The quality of a clot depends on many factors (platelets, fibrin, etc.). The hardness of clots is influenced by the different constituents. We took clot consistency into consideration before retrieval.
- 4. Compatibility of the device with other devices: In order to effectively use the device, an introducing sheath, a guiding catheter and a microcatheter are needed. We evaluated the compatibility between the device and these other components.

#### Results

We were able to achieve recanalization in 53 out of 104 procedures. Thus the total or partial recanalization rate (TIMI grade 2–3) was 51.0%. However, the clot retrieval rate was 31.7%, because we lost clots during retrieval in 20 procedures (19.2%). In these cases, clots were washed away to other vessels or dropped in the introducing sheath. The failure rate was 49.0% (51 of 104 procedures; Table 1).

The time for recanalization of the target vessels varied between 9 min 34 s and 21 min 23 s (average 14 min 51 s) for the last five procedures (Table 2). In the final procedure, we could not recanalize the target vessel within 30 min and we stopped the procedure.

We present in the following sections a comparative evaluation of the various devices used as components of the system.

*Microguidewire* Initial passage through the clot-occluded vessel segments was easiest to perform with the Terumo GT wire 16, whereas the Transend 14 and SilverSpeed 10 wires could hardly pass the side of the clot when the target vessel was completely occluded by the clot.

Microcatheter It was very difficult to use the clot-retrieval wire through nonbraided microcatheters (FasTracker 18) in tortuous vessels because of strong friction, likely due to catheter lumen deformation in tightly curved vessel seg-



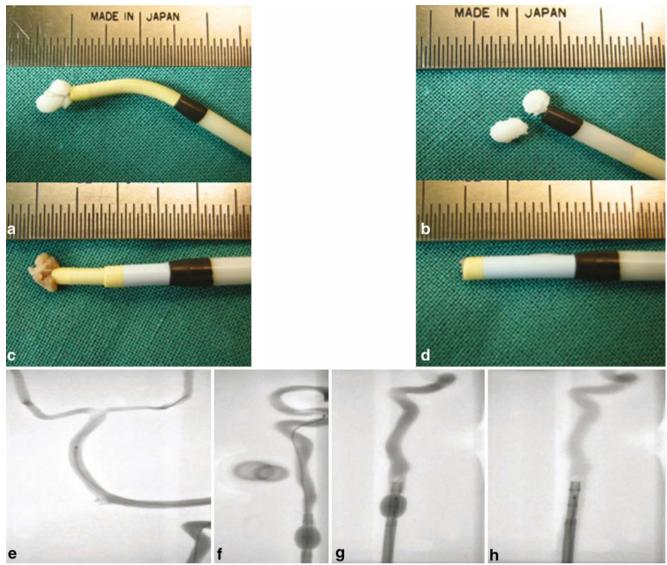


Fig. 3 a, b A hard clot is broken at the tip of a 6F guiding catheter or 6F introducer. c, d A soft clot is able to go into an 8F guiding catheter when it is squeezable. e—h Effect of flow control by a guiding catheter with a balloon

ments. However, braided microcatheters allowed access without difficulty even in tortuous vessels. Moreover, navigability was excellent with the Progreat catheter.

Guiding catheter Clots were more stable at the tip of the 8F catheter than at the tip of the 6F catheter. Hard clots could hardly be taken into the 8F catheter (Fig. 3a and b). When we lost a clot from the clot-retrieval wire around the guiding catheter tip with balloon during flow control, we were able to catch the clot by aspiration through the guiding catheter (Fig. 3c and d).

Introducing sheath Sometimes we lost a clot from the tip of a 6F introducer because the clot would often not be completely loaded into the 6F guiding catheter; this would occur with the 8F introducer at the level of the valve, where we could not squeeze and load the clot completely into the guiding catheter.

Clot-retrieving wire Clot-retrieving wires never broke. It was very difficult to catch the clots at T-shaped junctions and around sharp corners. We were able to retrieve clots which were larger than the loops of the clot-retrieving wire. Sometimes, we lost a clot at the orifice of the branches, at sharp curves and in widely spread vessels. The clot-retrieving wire had better radioopacity than another comparator clot-retrieving device (Fig. 4).

# **Discussion**

Intravenous administration of t-PA within 3 hours of the onset of ischemic stroke has shown to result in an improvement in clinical outcome at 3 months, despite an increased incidence of symptomatic intracerebral hemor-



Table 1 Results of all procedures in all PVA models

Model number	Procedures	Total or partial recanalization	Failure <sup>a</sup>	Dropped <sup>b</sup>
4	4	1	3	1
1	4	1	3	1
6	8	7	1	3
3	4	3	1	0
7	10	6	4	1
2	7	5	2	2
2	8	5	3	5
10	9	7	2	3
5	4	0	4	0
5	7	6	1	1
9	6	4	2	1
8	10	2	8	0
11	23	6	17	2
Total	104	53	51	20

<sup>&</sup>lt;sup>a</sup> We could not catch the clot with the clot-retrieving wire.

rhage [12]. To reduce the incidence of hemorrhage, direct administration of the thrombolytic agent via a microcatheter has been tried. In the PROACT I trial, the recanalization rate of patients treated with pro-urokinase was 57.7% compared to 14.3% for the control group. However, hemorrhage with clinical deterioration within 24 hours occurred in 15.4% of the pro-urokinase group compared to 7.1% for the control group [10]. In the PROACT II trial, the recanalization rate was 66% with pro-urokinase associated with heparin, compared to 18% for the group which received heparin alone. However, hemorrhage with clinical deterioration within 24 hours occurred in 10% of the prourokinase and heparin group, compared to 2% for the control group [11]. The efficacy of intraarterial administration of t-PA remains controversial. Moreover, there are patients who are seen within the 3-hour therapeutic window with contraindications to receiving any thrombolytic

Mechanical embolectomy has been proposed as a rapid and effective means for recanalization. Usually, mechanical embolectomy can be performed with a small amount of heparin during the procedure. This may reduce the incidence of hemorrhagic events. Therefore, patients, who are in the hyperacute stage of cerebral stroke but who have some kind of contraindication to thrombolytic therapy can be treated by mechanical embolectomy.

There are a few commercially available mechanical clotretrieving devices for cerebral stroke, including the Merci retriever (Concentric Medical, Mountain View, Calif.) and the Catch system (Balt, Montmorency, France) [28–30]. Unfortunately, we could not acquire these devices for these test for comparison. Also, from a technological point of

Table 2 Time for the procedures in PVA model no. 11

Trial	Procedure	Time to catch the clot (min/s)	Time to remove the clot through the introducer (min/s)	Result
1	1	6/50	9/34	Total removal
2	1	_	_	Failure
	2	_	_	Failure
	3	_	_	Failure
	4	_	_	Failure
	5	10/20	11/56	Total removal
3	1	_	_	Failure
	2	_	_	Failure
	3	_	_	Failure
	4	10/45	12/27	Half the clot
				removed
	5	_	_	Failure
	6	_	_	Failure
	7	20/1	21/23	Total removal
4	1	_	_	Failure
	2	9/55	_	Dropped
	3	_	_	Failure
	4	_	_	Failure
	5	_	_	Failure
	6	14/51	16/30	Total removal
5	1	_	_	Failure
	2	_	_	Failure
	3	_	=	Failure
	4	_	_	Procedure stopped (>30 min)

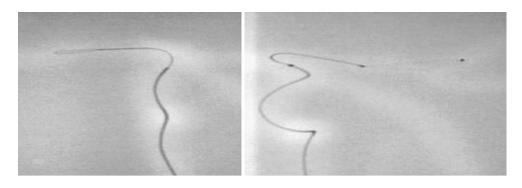
view, it might be interesting to develop a device with a thinner wire. Furthermore, as with the Merci device, we believe that this new system should be used together with a distal balloon-mounted guiding catheter in clinical practice and we would recommend it strongly. However, in this in vitro study, stopping the pump corresponds to the temporal occlusion obtained with a distal balloon-mounted guiding catheter, thus reducing the risk of clot loss during the retrieval step.

The total and partial recanalization rate (TIMI grade 2–3) using the clot retrieval device was 51.0% (53/104 procedures), which at first glance seems to be low. However, the recanalization rate was 53.5% in the MERCI trial [30], which was an in vivo trial. We performed all procedures in vitro using models. We used fibrin clots from pig blood and saline for circulation in the PVA models. To occlude the vessels in the PVA models we had to use clots which had a diameter 1.2–1.5 times larger than the vessels. In PVA models with saline, there is no adhesive material, which is why we needed to use large clots. In fact, small microguidewires which had spring tips could not pass the side of the clots. In our models, flow pressure caused the



<sup>&</sup>lt;sup>b</sup> We dropped the clot after catching it during the procedure.

Fig. 4 Radiographs of clot retrievers in PVA model no. 11 (*left* new Terumo clot-retrieving wire, *right* Catch clot-retrieving wire (Balt, Montmorency, France)



clots to occlude the vessel tightly because the PVA surface was very smooth. Usually, in the clinical setting we can maneuver a microguidewire with spring tips past the side of a clot during thrombolysis. Therefore, the situation we encountered in the PVA model seemed to be more difficult than in humans.

We tried to simulate many difficult situations that might arise in clinical practice to establish the limitations of the clot-retrieving wire. We performed procedures several times under the same conditions when we failed, in order to determine the reason for the failure. To confirm the effect of clot hardness, we used some hard clots made from swine fibrin and calcium. They were hard as a stone. It was quite difficult to catch such a clot, because the loops slipped on the surface of the clot.

To determine the best guiding catheter size for the device, various sizes were used for the test. First, we used a 6F guiding catheter, because the 0.018-inch wire compatible microcatheter needed a 5–6F guiding catheter. But clots were hardly removed through a 6F catheter. The diameter of target vessels is around 3.0–4.0 mm, which is larger than the inner diameter of a 6F guiding catheter and introducer. It seems a little bit larger than the inner diameter of an 8F guiding catheter and introducer. Most clots can be squeezed to a degree to enter the lumen of an 8F introducer sheath that has an internal diameter of 2 mm. When clots could be squeezed into the lumen, we could put them into the 8F guiding catheter. Therefore, we recommend using at least an 8F guiding catheter and introducer with this device.

To stabilize the clots at the tip of the guiding catheters, strong manual aspiration through the guiding catheters was performed. To catch a clot, the retrieving device should be pulled while keeping the position of the microcatheter stable in order to make the loops smaller. Very fragile clots were fragmented by the loops. Besides these problems related to the clots themselves, we did not encounter any problems that we consider to have been related to the system design.

When clots fragmented at the tip of the guiding catheter, aspiration through the guiding catheters and introducers

was also performed to remove the fragments. In order to develop a standard procedure with this device, some procedures were considered wasted for training. These failures were included. Therefore, we can expect higher recanalization rates in humans.

The main limitations of this study are the absence of comparison with other devices and no numerical evaluation of success. Regarding the absence of comparative data with other devices, we performed this test to observe and evaluate how the new device worked in vitro. We also had to define the interventional procedure, because our test was the first for this device. On the other hand, the interventional procedures for the Merci retriever and Catch system are well known. Therefore, we did not compare the new device with others. Regarding the absence of numerical evaluation, except for success rate and procedure time, the main purpose of this test was to observe how the new device worked in various situations, and to define an operating procedure with suitable devices. Combinations of devices and operating procedures were modified many times. Therefore, we do not have sufficient quantitative data for the same situation.

# Conclusion

This new clot-retrieving wire was developed with the technology based on the 0.018-inch microguidewire for intracranial vessels. Various characteristics were observed with preclinical testing in human-like in vitro PVA models. The recanalization rate within a 30-minute time limit using the Terumo clot-retrieving wire was over 50%. The performance of the device in this preclinical test was encouraging and justifies progressing to a feasibility test in a clinical setting without hesitation. Also the use of PVA models allows animal testing to be avoided or at least to be used only at a later stage to test the devices.

**Conflict of interest statement** We declare that we have no conflict of interest.



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