Podoplanin-positive cells are a hallmark of encapsulating peritoneal sclerosis

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Abstract

Background. Encapsulating peritoneal sclerosis (EPS) and simple peritoneal sclerosis are important complications of long-term peritoneal dialysis (PD). Podoplanin is expressed by mesothelial cells and lymphatic vessels, which are involved in inflammatory reactions in the peritoneal cavity.

Methods. We studied 69 peritoneal biopsies from patients on PD (n = 16), patients with EPS (n = 18) and control biopsies taken at the time of hernia repair (n = 15) or appendectomy (n = 20). Immunohistochemistry was performed to localize podoplanin. Additionally, markers of endothelial cells, mesothelial cells, myofibroblasts (smooth muscle actin), proliferating cells, and double labelling for smooth muscle actin/podoplanin were used on selected biopsies.

Results. Podoplanin was present on the endothelium of lymphatic vessels in the submesothelial fibrous tissue and on mesothelial cells. In patients on PD and in biopsies with appendicitis, the mesothelial cells demonstrated a cuboidal appearance and circumferential podoplanin staining, with gaps between the cells. The number of lymphatic vessels was variable, but prominent at sites of fibrosis. In patients with EPS, a diffuse infiltration of podoplanin-positive cells with a fibroblastic appearance was present in 15 out of 18 biopsies. This pattern was focally present in 3 out of 16 on PD and none in the 35 controls. The podoplanin-positive cells did not express the endothelial marker or the mesothelial marker (calretinin).

Conclusions. EPS is characterized by a population of podoplanin and smooth muscle actin double-positive cells. Podoplanin might be a suitable morphological marker supporting the diagnosis and might be involved in the pathogenesis of EPS. Keywords: encapsulating peritoneal sclerosis; EPS; peritoneal dialysis; podoplanin

Introduction

Encapsulating peritoneal sclerosis (EPS) is an uncommon but potentially life-threatening complication of peritoneal dialysis (PD) [1]. The key factors for the diagnosis of EPS are clinical symptoms of bowel obstruction, a typical radiological picture and extensive thickening of the peritoneal membrane (resulting in cocconing of the bowel) [2]. Morphological features of EPS are mesothelial denudation, peritoneal fibroblast swelling, interstitial fibrosis, angiogenesis with increased numbers of capillaries and mononuclear cell infiltration [3,4]. The peritoneal membrane is affected by fibrin deposits, which may lead to adherences and permanent scarring [2].

Simple sclerosis on the other hand is characterized by increased thickening of the peritoneal membrane, loss of peritoneal function with high transporter status, but no clinical symptoms of bowel obstruction [5,6]. EPS can be differentiated from simple sclerosis by the deposition of fibrin and the increased thickness of the degenerative compact zone. Angiogenesis, vasculopathy, new membrane formation and fibrosis did not distinguish between simple sclerosis and EPS [7]. The histological picture is therefore relatively unspecific, particularly in early stages, and morphological markers are currently not available.

Podoplanin (also known as aggrus, $hT1\alpha$ or M2A recognized by the antibody D2-40) is a member of a family of type-1 transmembrane sialomucin-like glycoproteins [8]. The protein has an extracellular domain (with abun-

dant Ser and Thr residues as potential O-glycosylation sites), a single transmembrane portion and a short cytoplasmic tail [9]. As a glycoprotein, it can bind chemokines and modulate inflammatory reactions. Podoplanin was originally described to be lost in rat puromycin nephritis and was named according to the loss of foot processes in this model (flat feet in latin, pes planus) [10]. Later it was found to be a good marker for lymphatic endothelial cells, but it is also expressed by peritoneal mesothelial cells [11]. As podoplanin can bind chemokines, it may modulate the inflammatory milieu (on mesothelial cells and on lymphatic vessels) and therefore might be involved in the injury process of both simple sclerosis and EPS [12]. Podoplanin can be detected by the antibody D2-40, which is suitable for routine staining of formalin-fixed and paraffin-embedded tissues. This antibody enables the localization of mesothelial cells, and cells of mesothelial origin in combination with markers of endothelial origin.

The goal of this study was to localize podoplanin in peritoneal biopsies from patients on PD with and without clinical signs of EPS.

Materials and methods

Study population

Sixty-nine tissue samples with different peritoneal pathological states were either selected from the files of the Department of Pathology or randomly from a database of 220 patients. All patients had given informed consent for their tissue to be used for research purposes. Patients with appendicitis were selected randomly. Biopsies were submerged in buffered formalin and embedded in paraffin following routine protocols. The biopsies were incorporated into paraffin blocks so that sections were cut in a right angle to the surface. Histological features were scars in the submucosal layer and small to moderate lymphoplasmacellular infiltrations in the tunica propria and/or subserosal layer. For purposes of comparison with study patients, 15 specimens were selected randomly from patients who had undergone hernia repairs (direct or indirect). Peritoneal biopsies from patients on PD were also included (n = 16). The tissue was taken from the visceral peritoneum, from areas located at least 10 cm away from the peritoneal catheter entry side. Indications for surgery were herniotomy, leakage or catheter removal because of switching to haemodialysis. In addition, we collected tissues from all patients with EPS from our Department of Nephrology or sent for additional investigations to the Department of Pathology (n = 18).

For diagnosis, we used criteria stated by Nakamoto [13]: stage 1 (pre-EPS period) characterized by loss of ultrafiltration, development of high transport state, hypoproteinaemia, bloody dialysate, ascites and calcification of peritoneum; stage 2 (inflammation period), increases in C-reactive peptide level, white blood cell count, fever, weight loss, appetite loss and diarrhoea; stage 3 (encapsulating or progressive period), disappearance of signs of inflammation and appearance of signs of ileus (nausea, vomiting, abdominal pain, constipation, abdominal mass and ascites); and stage 4 (ileus or complete period), anorexia, complete ileus and abdominal mass. Our patients with EPS were in stages 3 and 4. Peritoneal biopsies were formalin-fixed and paraffin-embedded following routine protocols. All patients in the EPS group underwent preoperative CT scans; intraoperative findings were documented.

Immunohistochemistry

Immunohistochemistry was performed as previously described [14]. Dewaxed and rehydrated tissue sections were incubated in 3% hydrogen peroxide (to block endogenous peroxidases). The antigen retrieval was performed in an autoclave oven, using the antigen retrieval solution (Vector, Burlingame, CA). The primary antibodies were applied for 1 h or overnight. Incubation with biotinylated secondary reagents (Vector) for 30 min was followed by the ABC reagent (Vector). 3'3'Diaminobenzidine (DAB, Sigma, Taufkirchen, Germany) with metal enhancement (resulting in a black colour product) was used as a detection system. A monoclonal mouse antihuman podoplanin antibody (D2-40, Signet Laboratories, Dedham, MA) was used on all biopsies [15,16]. As controls we used human tonsils, including the replacement of the antibody by diluent of isotype-matched control antibodies. These controls did not demonstrate positive staining (not illustrated). All sections were evaluated by an observer blinded to the specimen's diagnosis. The following monoclonal mouse antibodies were used on selected biopsies on consecutive sections: anti-CD31 (JC70A, DakoCytomation, Glostrup, Denmark) for endothelial cells, anti-carletinin (Dak Calret 1, DakoCytomation, Glostrup, Denmark) for myofibroblasts and anti-KI-67 (2D3, InnoGenex, San Ramon, CA) for proliferating cells.

The appearance of podoplanin-positive infiltrating cells was scored as follows by an observer blinded to the diagnosis of the biopsies: 0: positive podoplanin staining on lymphatics and mesothelial cells, but not on single cells with fibroblastic appearance; 1: focal accumulation of podoplaninpositive cells with fibroblastic appearance; 2: diffuse accumulation of podoplanin-positive cells with fibroblastic appearance.

Immunofluorescence

Double immunofluorescence for D2-40 and smooth muscle actin was performed similarly as previously described [15]. Another antigen retrieval with microwave treatment was performed between the two staining procedures. Both primary antibodies were replaced by isotype control antibodies.

Statistics

To calculate specificity, sensitivity and predictive values, a contingency table was created (InStat[®] software, Version 3.05, Intuitive Software for Science, San Diego, CA). The row/column association was tested by the Fisher's exact test. The means of scores were compared by the non-parametric Kruskal–Wallis test. A P < 0.05 was considered to be statistically significant.

Results

Podoplanin in normal peritoneal biopsies and in inflammatory peritoneal lesions

The clinical features of the study population were summarized in Table 1. In order to describe the distribution of D2-40-positive cells in the abdominal cavity of patients not involved in PD, we studied peritoneal biopsies taken during hernia repair (n = 15, Figure 1A–C). The mesothelial cell layer was positive for D2-40 (as previously described) and helped to define the peritoneal surface of the peritoneal biopsies (Figure 1A, B; [17]). Even in these normal control biopsies, the mesothelial cell layer was commonly lost, most likely due to the tissue handling. When the mesothelium was conserved, it demonstrated a flat appearance (Figure 1B). Podoplanin was predominantly localized on the apical side of the mesothelial cells and at times intercellularly (lateral sides, Figure 1B). A low number of lymphatic vessels were present in the submesothelial fibrotic tissue and the adjacent fat tissue (Figure 1C). These lymphatic vessels were commonly associated with larger arteries and veins (Figure 1C). Overall, the number of D2-40-positive vessels in the submesothelial tissue and the adjacent fat tissue was low.

Biopsies taken at the time of appendectomy were used as an example of an inflammatory lesion in the abdominal cavity (n = 20). In the majority of biopsies, the mesothelium demonstrated a plump, cuboidal appearance with gaps between the mesothelial cells (Figure 1D, E). D2-40 was present circumferentially on these activated mesothelial

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Table 1. Clinical data of study patients

Variable	Normal peritoneum	Appendicitis	PD	EPS
n	15	20	16	18
Age (years; mean \pm SD)	58.4 ± 19.9	40.4 ± 35.6	49.5 ± 15.1	45.7 ± 13.5
PD—duration in months			24 ± 25.7	76 ± 37.2 (** vs PD)
Peritonitis PDF			5 in 384 months 1:77	34 in 1,017 months 1:30 (* vs PD)
Neutral			2/16	6/18
Acidic			4/16	2/18
Both or N.D.			10/16	11/18
Icodextrin			1/6 10 N.D.	8/9 10 N.D. (* vs PD)
Diabetes	0/15	0/20	5/16	3/18
Smoker	4/12 2 N.D.	7/19 1 N.D.	2/15 1 N.D.	7/14 4 N.D.
Hypertension	4/20	2/20	7/16	11/18
Hb $(g/dL \pm SD [13-18])$	13.8 ± 1.7	13.7 ± 1.1	10.8 ± 1.9	10.0 ± 4.1
Leukocytes $(G/L \pm SD [4.0-11.3])$	8.0 ± 3.0	10.4 ± 2.9	7.2 ± 2.0	9.1 ± 4.04
Phosphate (mmol/L [0.68–1.68])	N.D.	N.D.	1.78 ± 0.67	1.50 ± 0.54
Calcium (mmol/L [1.90-2.70])	2.32 ± 0.12	2.35 ± 0.09	2.37 ± 0.22	2.24 ± 0.47
PTH (pmol/L [1.1–7.3])	N.D.	N.D.	19.1 ± 17.3	27.2 ± 25.38
Urea-N (mg/dL [10-25])	N.D.	N.D.	68.38 ± 40.68	40.09 ± 17.04 (* vs PD)
Creatinine (mg/dL [0.5–1.4])	1.4 ± 1.7	1.0 ± 0.3	8.3 ± 4.0	7.0 ± 1.90

PD, peritoneal dialysis; EPS, encapsulating peritoneal sclerosis; PDF, peritoneal dialysis fluid; Hb, haemoglobin; N.D., not determined; PTH, parathyroid hormone, *: P < 0.05, **: P < 0.01.



Fig. 1. Expression of podoplanin in controls. Immunohistochemistry was performed on tissue sections from peritoneal biopsies taken at the time of hernia repair (A–C) or during appendectomy (D, E) with the monoclonal antibody D2-40 against podoplanin (orig. ×100 in D; ×250 in A, C; ×400 in B, E). The normal mesothelium cells were positive for podoplanin on the apical and intercellular region of the relatively flat mesothelial cells. Lymphatic vessels were present close to larger arteries in the submesothelial interstitial tissue (arrow). In biopsies from patients with appendicitis, the mesothelial cells were cuboid, with gaps between the cells (arrowhead, lymphatic vessels are labelled by arrows in D, E). This activated mesothelium commonly demonstrated circumferential podoplanin staining.

cells (Figure 1E). Focal accumulation of lymphatic vessels was present at sites of inflammatory cell accumulations.

Expression of podoplanin in peritoneal biopsies in patients on PD

Sixteen biopsies from patients on PD were included in the study (Figure 2A, B). The transporter status was available in seven patients prior to biopsies, of whom 1 was low, 3 were low average, 1 high average and 1 high. In two biopsies, the mesothelium was found to be preserved. In both cases, the mesothelium had a cuboidal appearance, similar

to what was described for the patients with appendicitis (Figure 2B). The number of D2-40-positive vessels was quite variable ranging from a single positive vessel per biopsy to a very prominent accumulation of D2-40-positive vessels in the thickened peritoneal membrane (Figure 2A). Three biopsies demonstrated a diffuse infiltration of podoplanin-positive cells.

Expression of podoplanin in EPS

Eighteen biopsies from patients on PD with clinical signs of EPS (radiological picture, symptoms of intestinal ob-



Fig. 2. Podoplanin in patients on peritoneal dialysis. Immunohistochemistry was performed on tissue sections from peritoneal biopsies taken from patients on PD (A-B) or on PD with signs of EPS (C-E) with the monoclonal antibody D2-40 against podoplanin (orig. ×100 in A, C, D; ×250 in B; × 400 in E). A prominent number of lymphatic vessels were present in the submesothelial interstitial tissue (arrows in A). A single layer of mesothelial cells was present on the surface of the biopsies, but with a cuboidal appearance (arrow in B) and with gaps between the cells (arrowhead in B). The morphological picture of EPS demonstrated the absence of a mesothelial cell layer on the surface (arrow in E). A high number of podoplanin-positive cells with the morphological appearance of fibroblasts are embedded in the extracellular matrix of EPS (C-E).

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Fig. 3. Characteristics of the podoplanin-positive cells in EPS. Immunohistochemistry was performed on tissue sections from peritoneal biopsies taken from patients with EPS with a monoclonal antibody against podoplanin (A, E), smooth muscle actin (B, F), CD31 (C) or against calretinin (D, orig. × 100 in A–D; ×250 in E, F). A high number of D2-40 and smooth muscle actin-positive cells were present in a similar pattern of distribution (A, B and E, F). The vast majority of the D2-40-positive cells were CD31 and calretinin negative (C, D). Some CD31-positive vessels (arrowheads in C) and some calretinin-positive cells (arrow in D) were present.

struction) were included (Figure 2C–E, Figure 3). The findings in the CT scans were calcifications (4/18), cocooning (11/18), peritoneal thickening (11/18), ascites after cessation of PD (7/18) and bowel dilatation (7/18). All patients underwent surgery and showed the typical features of EPS (ascites and fluid loculation, peritoneal thickening, adhesions, bowel dilatation and cocooning with thickening of the visceral peritoneum). The transporter status prior to stopping PD was in five patients, high average, and in two patients, high.

In the biopsies, the mesothelial cells on the surface were absent in all biopsies (Figure 2E, arrow). The podoplanin staining demonstrated a striking pattern with a high number of positive cells embedded in the sclerotic matrix (Figure 2E, Figure 3A). These podoplanin-positive cells had the morphological appearance of fibroblasts (Figure 2E). To further define the involved cell types, consecutive sections of four biopsies were further studied for the expression of CD31 (as an endothelial marker, Figure 3C), calretinin (a marker of mesothelial cells, Figure 3B, F). CD31 was positive on the endothelium of arteries and veins as expected, but the podoplanin-positive 'infiltrating' cells were CD31 negative (Figure 3C). Scattered lymphatic vessels were CD31 positive (as this marker does not discriminate between blood and lymphatic endothelial cells). Therefore, the podoplaninpositive cell population is unlikely of endothelial origin. Calretinin was only found to be expressed by a small number of cells close to the surface, but the vast majority of podoplanin-positive cells were negative (Figure 3D). The diffuse pattern of these cells mirrored the staining pattern for smooth muscle actin (Figure 3A, B, E, F). KI-67 (a cell proliferation marker) was expressed by scattered cells with focal accumulations of these cells (not illustrated).

The pattern of smooth muscle actin-positive myofibroblasts mirrored the distribution of podoplanin-positive cells; therefore, we performed immunofluorescence to confirm the double-positive cells (Figure 4). Smooth muscle actin-positive myofibroblasts embedded in the fibrotic tissue (Figure 4A, D) were also positive for podoplanin (Figure 4B, E). An overlay of the two reaction patterns is illustrated in Figure 4 (C, F). The smooth muscle actinpositive cells of vessel walls were podoplanin negative (Figure 4D, E). On the other hand, the podoplanin-positive



Fig. 4. Double immunofluorescence for podoplanin and smooth muscle actin in EPS. Double immunofluorescence was performed on biopsies with EPS for smooth muscle actin (A, D) and podoplanin (with the monoclonal antibody D2-40, (B, E), orig. ×400). The overlay with the nuclear counterstain (DAPI) is illustrated in (C) and (F). Please note the podoplanin-positive lymphatic vessels (arrows in B), which are smooth muscle actin negative. The 'heart' illustrated in F is a larger vein with a single layer of smooth muscle cells (D), which are podoplanin negative (E).

lymphatic vessels were smooth muscle actin negative (Figure 4A, B).

In Figure 5A, the results are illustrated according to the time on PD and the number of peritonitis episodes. There is an overlap of the time on PD between patients with EPS and

the patients on PD of ~50 months. The PD patients with the pattern were not the ones with long time on PD (Figure 5A). The fibrotic zone was significantly thicker in the patients with EPS [as compared to the patients on PD (P < 0.05) and the control biopsies (P < 0.001)]. The biopsies from patients

Fig. 5. Description of the time on PD, fibrosis and podoplanin scores. (A) The study population is illustrated according to the time on PD, the number of peritonitis episodes and the podoplanin scores. Please note that there is an overlap of ~50 months between the patients with EPS and without EPS, but the patients on PD with the pattern fall within the first 40 months of dialysis (w/o, without). (B) The thickness of the fibrosis zone was measured in a blinded fashion (*P < 0.05, **P < 0.01, ***P < 0.001). (C) The mean podoplanin scores (\pm SEM) are illustrated (**P < 0.01, ***P < 0.001).



on PD also demonstrated thickening of the submesothelial fibrotic zone (P < 0.01 as compared to control biopsies).

The podoplanin scores were significantly higher in EPS, as compared to patients on PD without EPS and controls (Figure 5C). An area of podoplanin-positive cells embedded in a fibrotic matrix was present in 15 out of 18 biopsies in patients with EPS, in 3 out of 16 patients on PD without signs of EPS, but none in the 35 controls. The three patients on PD who demonstrated a diffuse presence of podoplanin-positive cells were treated for 4, 5 and 22 months.

In this retrospectively collected biopsies, the staining pattern was significantly associated with EPS (P < 0.0001). It resulted in a sensitivity of 0.83 (95% confidence interval 0.59–0.96) and a specificity of 0.94 (95% confidence interval 0.84–0.99). The positive predictive value was 0.83 (95% confidence interval 0.5857–0.9642) and the negative predictive value 0.94 (95% confidence interval 0.8377–0.9877). The likelihood ratio was 14.2.

Discussion

The main finding of this study was the discovery of a podoplanin and smooth muscle actin double-positive cell type, which forms the majority of cells in the biopsies from patients with EPS. The diagnosis of EPS must be based on a typical clinical, radiologic picture. Unfortunately, the histological picture is not specific, and markers differentiating between simple sclerosis and EPS are not available at the moment.

In a direct comparison of PD-associated simple sclerosis and EPS, the morphological differences were found to be a significantly thicker sclerosis zone in EPS (750 versus 45 µm), fibrin deposition, fibroblast swelling, the presence of inflammation, vascular alterations, up-regulation of vascular endothelial growth factor and the presence of tissue calcification [18-21]. The thickness of sclerosis demonstrated a bimodal distribution without intermediate stages [18]. In EPS, the fibrin deposition is accompanied by a decreased number of mast cells and a decrease in mast cell tryptase [4]. Mast cell tryptase has a strong fibrinogenolytic activity [22]. With our study, we add a new marker to the morphological evaluation of biopsies from patients with EPS. The majority of cells in the sclerosis zone expressed podoplanin in combination with the typical myofibroblast marker (smooth muscle actin). Morphologically, these cells represent fibroblasts. The diffuse appearance of podoplanin-positive cells separated the majority of cases with EPS from simple sclerosis. In contrast to other markers previously used (e.g. smooth muscle actin), which was found to be commonly present, podoplanin-positive cells with a fibroblastic appearance were only found in a minority of patients on PD without signs of EPS (3 out of 16) [20]. None of the biopsies taken during hernia repair, appendicitis and in uraemic patients before PD was initiated (n = 9, not illustrated) demonstrated the podoplanin pattern. Therefore, this pattern had a good specificity and negative predictive value. We are currently planning a larger multicenter study to include a higher number of patients. Particularly early cases of EPS need to be compared with late cases of simple sclerosis (matched for the time on PD).

From the clinical point of view, simple sclerosis and EPS are two different entities, the latter with an aggressive course with life-threatening bowel obstruction [21]. It is still unclear whether there is a subclinical transition phase (early EPS; [21]). In our study, three patients had no clinical signs of EPS, but the morphological appearance and the podoplanin-positive pattern at least focally. One patient presented with ascites and an early form of EPS seems possible (also we have no data to confirm this). In one patient, the biopsy was taken close to the catheter where fibrosis might be present. It is currently unclear whether the podoplanin-positive pattern is a reflection of an early disease course or a risk factor for the development of EPS. On the other hand, three biopsies in the EPS group did not demonstrate the typical pattern of podoplanin-positive cells. Follow-up was available in only one podoplaninnegative patient where all other diagnostic criteria confirmed EPS. Whether this is due to a sampling error or a technical problem with the staining technique is currently not clear. Further studies are clearly needed including EPS samples from different sources to evaluate the clinical usefulness of D2-40 in routine material.

The source of the double-positive cells remains undefined. In detailed electron-microscopic studies, the healing process in the rat abdominal cavity was evaluated [23]. Following physical injury, the new mesothelium developed from subperitoneal connective tissue cells. These cells demonstrated subcellular similarities with primitive mesenchymal cells and with fibroblasts in the subperitoneal stroma. The combination of smooth muscle actin and podoplanin expression might indicate a cell type with an intermediate phenotype between myofibroblasts and differentiated mesothelial cells. In the studies by Raftery, the mesenchymal cells finally differentiated into mesothelial cells [23]. When the podoplanin-positive cells would be a cell population attempting to rebuild the mesothelial integrity, the absence of a basement membrane might prevent the differentiation, keeping the cells in an immature fibroblastic and profibrotic cell type in EPS. The denudation of the peritoneal cavity could be the driving force for the process.

The transition of mesothelial cells into a fibroblastic phenotype (called epithelial mesenchymal transition) has recently found a lot of attention [24–27]. A part of the fibroblasts in the sclerotic zone might be derived from mesothelial cells. This might explain why these cells still express podoplanin as a mesothelial cell marker. As the transition of mesothelial cells into fibroblasts has been demonstrated to be an early event involved in simple sclerosis [25], this hypothesis would not be consistent with our data, as the majority of patients on PD but without signs of EPS did not demonstrate double-positive cells. As illustrated in Figure 5A, the PD patients without EPS but with the pattern all have a time on PD lower than 50 months. Therefore, the podoplanin pattern was not just associated with time on PD.

Conclusion

In summary, we describe a new cell marker combination involved in patients with EPS. Podoplanin might turn out to be Podoplanin in encapsulating peritoneal sclerosis

useful in routine morphological evaluation as well as a driving force of this devastating condition. We formulated several new hypotheses which can now be tested *in vitro* and *in vivo*.

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