Phospholipids form monolayers at the air–water interface and self-aggregate into 3D vesicles in aqueous media. The ordering properties of a phospholipid in 2D layers can act as a first indication of how the compound will behave in a bulk system. To date only few lipid self-assembly systems are known that depart from the standard spherical vesicle structures in a non-templated fashion will be challenging. Owing to intramolecular hydrogen bonding, the bilayer membranes form an exceptionally tight subgel packing, leading to a maximization of flat structural elements and a minimization of any edges. These conditions are optimized in the geometrical structure of a cube. Surprisingly, the lateral surface pressure in the membrane is only one third of the value typically assumed for a bilayer membrane, questioning a long-standing rule-of-thumb. Herein, we show how the biophysical properties of a 1,2-diamidophospholipid in a monolayer are reflected in the bilayer by the formation of the first non-templated self-assembled phospholipid cuboid. The synthetic phospholipid Pad-Pad-PC (1) leads to perfect monolayer packing with amide–amide hydrogen bonding optimizing the attractive inter-tail hydrophobic forces. Organizing two such stiff membranes into a 3D bilayer vesicle calls for the maximization of flat areas and the minimization of line defects; a cube is formed. The tightness of the vesicles and their mechano-responsiveness are interesting biophysical properties for drug encapsulation and targeted drug delivery. Cracking the bilayer self-assembly code will open a new chapter in phospholipid research where we will be able to guide self-assembly and use phospholipids as a versatile building material akin to how nature is using the phospholipids to construct cells and living systems.

Recently, we have reported that the 1,3-diamidophospholipid Pad-PC-Pad (2) forms interdigitated stiff bilayers and therefore faceted vesicles. This caused us to probe the forces at play in membranes of a diamidophospholipid with an 1,2-substitution pattern, Pad-PC-Pad (1) as seen in Figure 1. Changing the substitution pattern of the phospholipid from 1,3 to 1,2 should not allow for membrane interdigitation but should keep the continuous amide–amide hydrogen bond pattern in the membrane backbone. The molecule Pad-PC-Pad (1) has been synthesized before as an anti-HIV drug and we have studied the vesicle’s limited mechano-responsive. Here, we have resynthesized Pad-PC-Pad (1) at very high chemical purity and for the first time analyzed its biophysical properties.

Large unilamellar vesicles (LUVET) were obtained by the classical thin film hydration and extrusion method in saline. After the vesicles were formulated above the phase transition temperature, the liposomes were cooled down to room temperature, below the phase-transition temperature. The cryo transmission electron micrograph (cryo-TEM, see Figure 2) of Pad-PC-Pad (1) vesicles surprisingly shows highly faceted aggregates of unprecedented cuboid shape, more clearly visible in the cryo-TEM tomogram (see the Supporting Information). The vesicle cubes have a face length of 60 nm. Using the area per tail of 0.191 nm² (see the Supporting Information) means that 11 × 10⁵ lipids self-assemble into one vesicle with a mass of approximately 100 attogram. We cannot exclude that the smallest quantities of sample impurities are causing distortion from the cuboid geometry. Overall, we measure 45 % cuboid objects, 33 % highly faceted objects, and 22 % nonfaceted objects. The orientation of the cuboids in space seems mostly random (see the Supporting Information).
Crowding of the vesicles might lead to side-by-side stacking with more structures standing flat on the grid. This orientation is expected to be overemphasized in Figure 2 because of the higher sampling along the vertical cuboid faces compared to the horizontal faces.

The presence of a tight hydrogen bonding network between the Pad-Pad-PC (1) amide bonds is clearly visible in the wide-angle X-ray scattering (WAXS) at 1.33 Å^{-1}, which represents the same repeating distance of 4.75 Å that is seen between hydrogen bonded strands of a peptide β-sheet (see the Supporting Information).^{[10]} This network leads to a complex melting behavior in differential scanning calorimetry (see the Supporting Information) with a main Tm around 46.88°C, which is significantly higher compared to the Tm of 37.8°C for Pad-PC-Pad (2) and 41.5°C for DPPC (3), and additionally hints at a lower hydration of the Pad-Pad-PC head group compared to the other molecules. Measuring the membrane thickness from the cryo-TEM image (see the Supporting Information) of three different vesicles at a total of 72 cross-sections we obtain an average value of 6.76 ± 0.17 nm. This agrees well with the d-values for the lamellar phases (6.85 nm at 18°C and 6.99 nm at 50°C) observed in small-angle X-ray scattering (SAXS) measurements (see the Supporting Information). The calculated bilayer membrane thickness for the lipid with fully extended all-antiperiplanar fatty acid chains and an extended head group, is 6.80 nm,^{[9]} which calls for a non-interdigitated membrane with lipids oriented parallel to the membrane normal. Furthermore, the WAXS traces suggest the tightest bilayer packing possible, a herringbone packing with values of 0.19 nm² which are in line with a subgel phase, which for natural phospholipids (3) is
only visible after cooling for several days.[11] Upon lipid melting, the hydrogen bonding network will be destroyed increasing the intermolecular distance. This leads to a much larger cross-sectional area of the lipid chains (0.26 nm²), which should lead to a thinning of the bilayer but is overcompensated by the now better head group hydration and the possible increase of the interbilayer water layer.

DPPC (3) forms only mildly faceted vesicles in the gel phase. The herringbone packing of the lipids is not found for DPPC and is most likely induced by the additional hydrogen bonding network present in Pad-Pad-PC. The additional interaction leads to a minimization of the intermolecular distance and thus to a maximization of the chain–chain London dispersion forces. The head groups can stand up, as can be seen in the two electron-dense layers of the cube bilayers in cryo-TEM and the white halo around them.

The tight phospholipid packing should stiffen the membrane so much that the intrinsic Gaussian curvature becomes zero.[12] We have already seen this when preparing vesicles of membrane so much that the intrinsic Gaussian curvature becomes bilayers in cryo-TEM and the white halo around them. The head groups can stand up, as can be seen in the two electron-dense layers of the cube bilayers in cryo-TEM and the white halo around them.

The tight phospholipid packing should stiffen the membrane so much that the intrinsic Gaussian curvature becomes zero.[12] We have already seen this when preparing vesicles of Pad-PC-Pad (2) where the restricted curvature led to a dForm vesicle, a developable surface made from two pieces of ellipsoidal bilayers. In a dForm vesicle, the total curvature is nonzero, allowing for the rounded geometrical shape.[7b]

Figure 3. Surface plot of the chain tilt angle of a Pad-Pad-PC (1) monolayer dependent on the temperature and surface pressure. Tilt angles were calculated from GIXD measurements on a Langmuir–Pockels trough using high-brilliance synchrotron irradiation. The surface has an enlarged dataset of a second-generation cubic interpolation. Original fixed data points are marked as bold black dots.

At higher temperatures, the L₂ phase disappears and is replaced with a region lacking X-ray diffraction signals because the thermal energy is high enough to induce defects in the hydrogen-bonding network, resulting in a reduction of the correlation length. Upon monolayer compression, the defects are reduced and the membrane passes an Ov and L₂ phase before ending in the LS phase.

At surface pressures above 30 mN m⁻¹ a LS phase is observed. In this rotator phase the fatty acid chains order in a hexagonal unit cell parallel to the membrane normal.[14] The cross-sectional area of each Pad-Pad-PC (1) chain in this hexatic phase amounts to 20.1 Å² with untilted chains[15a] or 19.2 Å² per chain in this hexatic phase amounts to 20.1 Å² with untilted chains.[15a] The diester phospholipid DPPC (3) has an in-plane area per chain of 22.4 Å² and a tilt angle of 25°.[15b] The molecular area of a PC head group of about 45 Å² underlines our observation that the head group of Pad-Pad-PC (1) orients parallel to the membrane normal due to strong head-head interactions allowing a molecular in-plane area of 40.2 Å² with untitled chains.[15c]

Upon compression of the monolayer, the hydrogen bonding network found at low surface pressures (5–10 mN m⁻¹), responsible for the tight packing (19.2 Å² per
chain) will be broken, and the chains organize into a rotator phase at higher cross-sectional area per chain (20.1 Å² per chain). This would place the surface pressure of a Pad-Pad-PC (I) bilayer at 5–10 mN m⁻¹, which is significantly different from the value of 30 mN m⁻¹ generally assumed for the lateral pressure of a bilayer membrane and would question the generality of this rule of thumb.[17]

In conclusion, we have demonstrated the formation of very tightly packed membranes containing the single synthetic phospholipid Pad-Pad-PC (I). Such a membrane cannot be bent easily and both the intrinsic Gaussian curvature K and the extrinsic total curvature J are expected to be zero, leading to flat bilayer sheets. [12] These constraints are not present above the Tm where the phospholipids can easily be formulated into a 3D system. Upon cooling, the membrane phospholipids again pack into a herringbone structure and the vesicles relax into a shape that maximizes flat faces and minimizes defect lines; namely, a cuboid. Surprisingly, the lateral pressure inside a cubic bilayer must be very low (5–10 mN m⁻¹ at 18°C), contradicting the current belief that bilayer membranes always have a lateral pressure of 30 mN m⁻¹.

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Conflict of interest

The authors declare no conflict of interest.

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