

Partial splenectomy in the era of minimally invasive surgery: the current laparoscopic and robotic experiences

Alexandre Balaphas · Nicolas C. Buchs · Jeremy Meyer · Monika E. Hagen · Philippe Morel

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Abstract

Background Partial splenectomy (PS) is a spleen-preserving technique that is applied as a result of trauma, focal lesions or hematological conditions. Despite the improvement of laparoscopic techniques within the past several decades, minimally invasive PS has remained a marginal technique that has not been well evaluated. Our objective was to provide an update on the indications and the feasibility of this procedure.

Methods The MEDLINE database (PubMed) was searched, and all relevant articles that involved a true minimally invasive PS (i.e., segmental or lobar devascularization of the spleen with parenchymal transection) were included. The search was conducted until the 31st of March 2014. Demographic data, operative indications, estimated blood losses, operative times, conversion rates and complications were extracted from the included articles and were summarized for discussion.

Results Out of the 195 publications that were retrieved, 33 were included, which were mainly case reports and case series that represented a total of 187 patients. There were 37 men, 33 women and 117 patients of unknown gender. The mean age of the patients was ranged from 6 to 58 years. The mean total operative time was between 70 and 216 min for conventional laparoscopy and between 108 and 120 min for the robotic approach. For most studies, the mean estimated blood loss was minimal. The

A. Balaphas (\boxtimes) \cdot N. C. Buchs \cdot J. Meyer \cdot

M. E. Hagen · P. Morel

Division of Digestive and Transplantation Surgery, Geneva University Hospitals, Rue Gabrielle-Perret-Gentil 4, 1211 Geneva, Switzerland e-mail: alexandre.balaphas@hcuge.ch complication rate was 5.36 % for conventional laparoscopy and 5.56 % for the robotic approach.

Conclusion The outcomes of minimally invasive PS were favorable and comparable to those of the open technique according to the literature. This procedure may constitute an attractive alternative to the open technique for selected cases. Moreover, a robotic approach might be an interesting technical option, but additional research is needed before any definitive conclusions can be drawn.

Keywords Partial splenectomy · Laparoscopic · Robotic · Outcomes · Complications · Augmented reality

Abbreviations

- LPS Laparoscopic partial splenectomy
- OPSI Overwhelming post-splenectomy infection
- PS Partial splenectomy
- RPS Robotic partial splenectomy
- SSPS Single-site access partial splenectomy

The main concern following total splenectomy is overwhelming post-splenectomy infection (OPSI), a severe type of sepsis that is caused by encapsulated bacteria and triggered primarily by *Streptococcus pneumoniae*, *Neisseria meningitidis* and *Haemophilus influenzae* type b in splenectomized and hyposplenic individuals [1]. After total splenectomy, the lifetime risk of OPSI increases up to 5 %, with a dramatic rise to 200 times the risk of subsequent mortality compared with the reference population [2]. Moreover, the 10-year risk for hospital admission for infections of various severities is 33 % [3].

In addition, recent studies have demonstrated that iatrogenic asplenism may be associated with increased risks of pulmonary hypertension, arteriosclerosis and coronary artery disease [4, 5]. Moreover, reactive thrombocytosis was shown to elicit thrombosis of the spleno-mesaraic trunk [6, 7], particularly in patients who suffer from hematological pathologies [8].

These risks have led to calls for an approach that limits the extent of the splenectomy or that spares some splenic function. A more conservative surgical approach has thus been advocated whenever possible, either for elective cases or for trauma situations. Depending on the indications, the partial embolization of the spleen constitutes an attractive alternative to the surgical approach. However, this technique exhibits many complications, such as abscess formation, spontaneous splenic rupture and post-embolization syndrome, which affect all patients with various severities (e.g., fever, abdominal pain and vomiting) [9]. For surgical cases, partial splenectomy (PS) constitutes the method of choice to remove splenic lesions and to decrease splenic size while preserving organ function [10]. After such a procedure, only a transient depression of immunity is observed [3]. As an alternative, auto-transplantation of a splenic remnant was investigated during the eighties, but the transplant was shown to be poorly functional [3, 11, 12].

Open segmental splenectomy was mentioned by Christo [13] and PS has been formerly recognized since a report by Morgenstern et al. [14]. A laparoscopic approach was first performed by Poulin et al. [15] for a trauma patient with prior selective embolization of an active hemorrhage. Its indications have since been extended to cystic diseases, solid tumors, abscesses, symptomatic splenic ischemia, vascular abnormalities and hematological pathologies such as thalassemia and spherocytosis.

While minimally invasive splenectomy is now recognized as the gold standard for most total splenectomy procedures [16], evidence is still lacking with regard to its role in partial PS. A recently published review of the literature that focuses on laparoscopic PS has suggested that the technique is easier to perform with a laparoscopic approach compared to an open one [17]. The objective of the present review is to provide an update on this particular topic and to implement the promising implications of new surgical technologies, such as single-site and robotic surgeries.

Methods

A thorough literature search was conducted within the MEDLINE database (PubMed) for articles related to PS that were performed either by conventional laparoscopy (laparoscopic PS—LPS) or by a robotic approach (robotic

PS-RPS). The following search terms were used: laparoscopic or robotic, associated with PS, hemisplenectomy, subtotal splenectomy or near total splenectomy. The references of identified articles were screened for studies related to the subject but that were not identified by the MEDLINE search. All articles in English, French and German that were published no later than the 31st of March 2014 were considered for inclusion. Articles were excluded for the following reasons: No full text was available, they were duplicate publications of the same results, they contained mixed data on the open and laparoscopic techniques but did not allow the possibility to distinguish between them, and the PS was performed as part of another procedure or if the procedure did not involve the transection of the splenic parenchyma or its devascularization (e.g., cystectomy or peeling of the cyst wall, radiofrequency alone, aneurysm clipping, cyst puncture, unroofing or marsupialization). Doubtful cases were resolved by a consensus between the coauthors.

The following data were extracted from the included studies: country of the main author, mean age, gender, surgical indications, mean estimated blood loss, mean operative time, complications related to surgery and conversion rate. Blood loss was considered minimal if <150 ml and indicated otherwise. All continuous variables were rounded to the nearest whole number. Complications that required perioperative blood transfusions were detailed.

Results

Types of studies

One hundred and ninety-five articles were identified by the keywords search, and thirty-three were included after a review by the co-authors of this manuscript, as illustrated in Fig. 1. Table 1 summarizes the baseline characteristics of the included studies and the particularities of the study populations. The publications were essentially case reports or cases series, and a few cohort studies including one study that compared LPS to RPS [10]. Most of them were published recently, and therefore, they highlighted the recent developments of minimally invasive PS.

Patient demographics

The included studies reported a total of 187 cases of PS. LPS was performed in 168 patients, single-site access PS (SSPS) in one patient and RPS in 18 patients. A total of 37 men, 33 women and 117 patients of unknown gender were included in these studies. The mean age ranged from 6 to 58 years.



Fig. 1 Flowchart of the inclusion process

Indications

LPS was primarily performed for hereditary spherocytosis in 87 patients (51.8 %), for non-parasitic cysts in 46 (27.3 %) patients and for vascular malformations (e.g., hemangioma, hemolymphangioma and hamartoma) in 13 (7.7 %) patients. Other indications are listed in Table 1. Similarly, the main indications for RPS were hereditary spherocytosis in ten patients (55.6 %) and parasitic hydatid cysts in four (22.2 %) patients. SSPS was only reported once for a patient with an epidermoid cyst.

Surgical techniques

Conventional laparoscopy

In seven articles, the patients were placed in a supine position (anterior approach), and in 17 articles, the patients were placed in a lateral or semilateral position. For the remaining publications, the position of the patient position was not described. In the included articles, the number of ports varied from 3 to 5.

For almost all cases, the procedure began with the dissection of the spleen from its attachments. Unlike the open approach, only the portion to be resected was mobilized and detached. The vascular supply was then identified, and the organ was devascularized according to the segments that were to be preserved. This step was performed through the sectioning of the vessels with or without prior clipping. In order to perform the sectioning of the vessels, some authors used a vascular stapler, whereas others used energy-based devices, such as Ligasure (Covidien, Dublin,

Table	1 Baseline cl	haracteristics (of included st	udies									
Type	Author	Year of publication	Country	Design	Number of patients	Mean age (year)	Gender (<i>n</i>)	Indication (n)	Mean blood loss (ml)	Mean operative time (min)	Mean length of stay (d)	Complications and perioperative transfusions (<i>n</i>)	Conversion rate [n (%)]
SdT	Breitenstein et al. [2].	2007	Switzerland	Case report	1	46	M (1)	Infirmed suspected metastasis (1)	Minimal	170	3	None	0 (0% 0) 0
	Budzynski et al. [33].	2011	Poland	Case report	-	23	F (1)	Sclerosing angiomatoid nodular transformation of the spleen (1)	I	1	I	I	I
	Corcione et al. [34].	2003	Italy	Case report	-	21	M (1)	Pseudocyst (1)	I	70	c,	None	0 (0 %)
	Czauderna et al. [35].	2006	Poland,	Retrospective cohort study	4	13	M (1), F (3)	Pseudocysts (3), epidermoid cyst (1)	I	I	I	I	0 (0 %)
	De Greef et al. [36].	2008	Belgium	Case report	1	12	F (1)	Abscess	Minimal	75	Ζ	None	0 (0 %)
	Dutta et al. [37].	2006	Canada	Case series	ς.	12	M (3)	Hereditary spherocytosis	Minimal	192	9	Postoperative pain (1), Splenic ischemia with atelectasia and diarrhea (1)	0 (0 %)

Table	1 continued												
Type	Author	Year of publication	Country	Design	Number of patients	Mean age (year)	Gender (<i>n</i>)	Indication (n)	Mean blood loss (ml)	Mean operative time (min)	Mean length of stay (d)	Complications and perioperative transfusions (<i>n</i>)	Conversion rate $[n \ (\%)]$
	Fan et al. [38].	2011	China	Case report	1	30	M (1)	Epidermoid cyst (1)	Minimal	120	3	None	0 (0 %)
	Godiris- Petit et al. [29].	2007	France	Case report	2	29	F (2)	Serous cyst (1), pseudocyst (1)	Minimal	120	S	Splenic ischemia (2)	0 (0 %)
	Héry et al. [18].	2008	France	Retrospective cohort study	11	×	M (6) F (5)	Hereditary spherocytosis (6), indeterminate cyst (2), hemangiomas (2), hemoglobinosis E (1)	Minimal	I	×	Left pleural effusion (1)	0 (0 %)
	limuro et al. [39].	2013	Japan	Case report		23	F (1)	Epidermoid cyst (1)	I	I	I	None	0 (0 %)
	Jain et al. [40].	2008	India	Case report	1	×	F (1)	Epidermoid cyst (1)	Minimal	190	c.	None	0 (0 %)
	Khelif et al. [41].	2006	Belgium	Case series	7	6	M (2)	Pseudocyts (2)	Minimal	135	e	None	0 (0 %)
	Morinis et al. [28].	2008	Canada	Retrospective cohort study	6	10	M (7) F (2)	Hereditary spherocytosis (9)	189	216	9	Transfusion (1)	1 (11 %)
	Okano et al. [42].	2011	Japan	Case report	1	37	M (1)	Hemangioma (1)	I	I	7	None	0 (0 %)
	Patrzyk et al. [43].	2011	Germany	Case series	б	58	M (2) F (1)	Hamartoma (1), haemangioma (1), non-Hodgkin's disease (1)	Minimal	144	2	None	0 (0 %)
	Petroianu et al. [44]	2008	Brazil	Case series	5	26	M (2)	Ischemia of unknown origin	I	I	5	None	0 (0 %)
	Poulin et al. [15].	1995	Canada	Case report	1	13	M (1)	Splenic laceration	Minimal	150	3	None	0 (0 %)
	Rescorla et al. [45].	2007	United States of America	Retrospective cohort study	12	I	I	Spherocytosis (11) Splenomegaly of unknown origin (1)	I	I	I	None	I
	Schwetling et al. [46].	1997	Germany	Case series	1	I	I	Epidermoid cyst	I	I	I	None	0 (0 %)
	Seims et al. [47].	2013	United States of America	Retrospective cohort study	16	9	I	Hereditary spherocytosis	156	I	7	1	I
	Seshadri et al. [48].	2000	Canada	Case report	-	34	ц	Reactional focal hyperplasia	200	200	7	None	0 (0 %)

Table	1 continued												
Type	Author	Year of publication	Country	Design	Number of patients	Mean age (year)	Gender (n)	Indication (n)	Mean blood loss (ml)	Mean operative time (min)	Mean length of stay (d)	Complications and perioperative transfusions (<i>n</i>)	Conversion rate [n (%)]
	Slater et al. [21].	2010	United States of America	Retrospective cohort study	6	11	M (5) F (4)	Hereditary spherocytosis (9)	Minimal (8), 300 ml (1)	146	4	Small bowel tear (1), ileus (1), wound infection (1). Transfusion (1)	(% 0) 0
	Smith et al. [49].	2001	United States of America	Case report	_	19	F (1)	Pseudocyst (1)	1	120	_	None	0 (0 %)
	Uranues et al. [50].	2007	United States of America	Retrospective cohort study	48	I	I	Diagnostic procedure(9), epidermoid cysts (26), recurrent cysts (4), hamartomas (6), metastasis (2), hereditary spherocytosis (1)	I	I	I	Pleural effusion (2), perioperative transfusion (3)	2 (4 %)
	Vasilescu et al. [51].	2006	Romania	Case series	10	8 and 23	F(4), M(2)) - (4)	Spherocytosis (10)	Minimal	95	I	None	0% (%) 0
	Vasilescu et al. [52].	2008	Romania	Case report	1	×	ц	Portal cavernoma (1)	Minimal	160	Ś	None	0 (0 %)
	Vasilescu et al. [10].	2012	Romania	Retrospective cohort study	22	I	I	Spherocytosis (22)	Minimal	95	4	I	0 (0 %)
	Wang et al. [53].	2010	China	Case series	-	45	ц	Hemangioma	I	180	٢	None	0 (0 %)
SSPS	Hong et al. [19].	2010	Korea	Case report	-	20	M (1)	Epidermoïd cyst (1)	Minimal	145	4	None	0 (0 %)
RPS	Vasilescu et al. [30]	2010	Romania	Case series	4	24	M (1) F (3)	Hydatid cyst (4)	I	120	S	Subphrenic collection (1)	0 (0 %)
	Giulianotti et al. [20].	2011	United States of America	Case report	-	41	F (1)	Splenic artery aneurysm	450	240	I	1	0 (0 %)
	Vasilescu et al.	2012	Romania	Retrospective cohort study	10	I	I	Spherocytosis (10)	Minimal	108	4	I	0 (0 %)
	Giulianotti et al. [54]	2011	United States of America	Case series	ç	I	I	Post-traumatic hematoma (1), hemangioma (1), splenic cyst (1)	I	I	I	1	I
LPS la Blood	paroscopic p loss: minima	artial splenect 1 if <150 ml:	omy, SSPS : indicated of	single-site acces herwise	s partial s	olenectom	ıy, <i>RPS</i> rob	otic partial splenectomy, M male	e, F female				

Ireland) or Harmonic Ultrasonic (Ethicon Endo-Surgery Inc, Somerville, NJ, USA).

The majority of surgeons then transected the spleen 5 mm or more above the demarcation line for safety reasons and used a large range of devices, such as vascular staplers, monopolar diathermy, ultrasound devices (Harmonic Ultrasonic) or Ligasure. Hemostasis was performed on the resection line with hemostatic products [e.g., fibrin glue, Tachocomb/Tachosyl (Takeda Pharma AG, Osaka Japan), Surgicel (Ethicon Endo-Surgery Inc, Somerville, NJ)], bipolar, argon beam (ConMed, Utica, NY) or monopolar diathermy. Some surgeons then completed the procedure by securing the splenic remnant to avoid torsion and necrosis. Hery et al. [18] even stitched the splenic capsule to the abdominal wall.

According to the described techniques and segmental anatomy of the spleen [12], four types of splenic segmentations were identified. We propose the following classification based on the remnant splenic pedicle (Fig. 2; Table 2). In techniques A1 and A2, the segmental hilar vessels were allowed to remain with the splenic remnant. The spleen was devascularized through the sectioning or clipping of the hilar vessels from the upper [A2] or the lower pole [A1] depending on the localization of the lesions or on the decision of the surgeon in the case of splenomegaly. In technique B, short vessels were the sole blood supply to a remnant upper splenic pole. Two or three gastric short vessels were generally sufficient to supply blood to the remnant spleen. In technique C, the remnant spleen was supplied by the left gastro-epiploic vessels.

Laparoscopy with single port access

Hong et al. [19] performed a SSPS with a customized port composed of a surgical glove applied on an Alexis retractor (Applied Medical, Rancho, Santa Margarita, CA, USA). The patient was placed in a lateral position, and the procedure did not differ from that of the LPS described above.

Robotic surgery

The anterior and lateral positions were chosen equally by the authors. Either four or five ports were used, and this was dependent on the surgeon's decision to operate with the fourth robotic arm. The primary steps of this procedure





Fig. 2 Surgical techniques for partial splenectomy

were similar to the description given above. After transection, Giulianotti et al. [20] sewed the resection line with interrupted stitches for the purpose of hemostasis.

Blood loss

With respect to LPS, the blood loss was described as minimal in 12 studies with a total of 59 patients. Slater et al. [21] reported a maximal mean blood loss of 300 ml, which was due to a single patient who required a transfusion. The etiology of the blood loss was not reported in any of the studies. Blood loss was described as minimal for SSPS. The information with regard to blood loss was absent in two publications that involved RPS. Only Vasilescu et al. reported a minimal blood loss [10], and only Guilianotti et al. [20] reported a maximal loss of 450 ml for a patient with a distal hilar aneurysm who did not require a transfusion.

Operative time

The mean total operative time ranged from 70 to 216 min for LPS, from 108 to 120 min for RPS and was 145 min for SSPS. A PS was sometimes followed by a cholecystectomy in cases of hereditary spherocytosis. Some authors reported the total operative time including this additional intervention, while others only reported the duration of time for the splenic surgery.

Technique	Segmental anatomy	Description
A1	Hilar vessels	Lower pole vessels sectioning, upper pole splenic remnant
A2	Hilar vessels	Upper pole vessels sectioning, lower pole splenic remnant
В	Short vessels	Leaving 2-3 short vessels
С	Left gastroepiploic vessels	Leaving left gastro-epiploic vessels

Table 2 Classification ofpartial splenectomy techniques

Length of stay

The mean length of hospital stay was reported to vary from 1 to 8 days after LPS, from 4 to 5 days after RPS and was 4 days after SSPS.

Complications

Few major complications occurred in the surgical procedures of the included studies. After LPS, we found one intraoperative complication (small bowel tear) and nine postoperative complications, which represent a postoperative complication rate of 5.36 %. Postoperative complications consisted of the following: pleural effusion (n = 3), splenic remnant ischemia which was managed conservatively (n = 2), postoperative fever with ischemia of the remnant spleen and diarrhea which was managed with antibiotics (n = 1), ileus (n = 1), wound infection which was treated with antibiotics (n = 1) and postoperative pain of unknown etiology which required investigations (n = 1). Five patients required a perioperative transfusion (2.98 %). In the SSPS group, no complications or transfusions were reported, whereas one sub-phrenic abscess (complication rate of 5.56 %) was noted after RPS.

Conversion rate

Two conversions to an open procedure were reported during LPS because of uncontrolled bleeding. No conversion was reported in the SSPS and RPS groups. Moreover, there was no necessity for a total splenectomy in any patient.

Discussion

The technique of PS is based on the anatomy of the spleen, which is composed of 3–5 segments (Fig. 2). Segmental arteries arise from the polar arteries and constitute a terminal vascularization beyond the splenic hilum [22]. These polar arteries are also in connection with short vessels and the initial portion of the left gastro-epiploic artery. Interlobar and intersegmental planes are thus avascular [23]. Devascularization of the concerned segment creates a demarcation line where the transection can be performed with minimal blood loss.

The objective of PS is to remove a focal lesion or to retain the minimal functional splenic parenchyma in the case of hematologic conditions (mainly hereditary spherocytosis). In this type of pathology, anemia is the result of the associated hypersplenism, which promotes the accumulation of erythrocytes and their destruction in the spleen. A reduction in the volume of the spleen decreases the level of hemolysis while the immunologic function is preserved. There is a lack of consensus about the required minimal size of the remnant spleen. According to the literature, the size of the remnant that still provides a normal immune function varies from 5-10 % to 25-30 % of the total spleen [3]. In fact, growth of the remnant spleen after surgery may increase a 10 % splenic remnant to a 25 % remnant, and thus, there have been proposals to remove approximately 90 % of the spleen. However, the continuous growth of the remaining spleen after surgery may be influenced by splenic growth factors that are present in hematological conditions, such as spherocytosis. These factors are most likely not present in the normal spleen with a focal lesion, and therefore, this rule cannot be generalized [5]. Hence, in the case of splenectomy for another etiology, a minimum of approximately 25 % of the original spleen should be left in place [24-26].

According to the literature, open PS and LPS seem to share similarities with respect to blood loss, lengths of stay and complication rates, but the latter exhibits a longer total operative time compared with laparotomy [25–27]. However, LPS is likely associated with advantages that concern parietal aggression. In their pool of splenic procedures, Uranues and Alimoglu reported an incidence of 52 % of incisional hernia after laparotomy after 2 years versus 3.2 % after laparoscopy [17].

LPS was compared with laparoscopic total splenectomy by Morinis et al. [28] in a population of children with hereditary spherocytosis. LPS was associated with a statistically significant longer mean total operating time (216 vs. 157 min), higher mean estimated blood loss (188 vs. 67 ml) and longer mean length of stay (6 vs. 3 days). However, these results need to be considered in light of the fact that the nine patients who were presented underwent surgery at the beginning of the surgeons' learning curves; in addition, some patients also underwent a laparoscopic cholecystectomy. The prolonged hospitalization was the result of sustained postoperative pain that was perhaps connected with potential ischemia of the splenic remnant. Moreover, these results do not reflect the advantages of PS, which often demonstrates long-term benefits, as we discussed before.

From a general point of view, the outcomes of minimally invasive PS were favorable. Blood loss was reported as minimal in most publications and only three patients required a transfusion after LPS. Two cases were converted to laparotomy for hemostatic control, but the blood losses were finally minimal. The mean total operative time was reported to have a very wide range. This finding might be explained by the frequent association of PS and cholecystectomy for hereditary spherocytosis. In one study of LPS, the mean length of hospital stay was 8 days with a range from 3 to 9 days. The authors reported

that this prolonged hospitalization was the result of the systematic observation of the patients in the intensive care unit for a minimum of 2 days after surgery. No death and no major postoperative complication required re-intervention. Ischemia of the remnant spleen was one of the most frequent complications. This complication was associated with technique B, as well as with technique A, and therefore, our opinion is that this complication is not associated with a particular type of segmentation. Moreover, according to Godiris-Petit et al. [29], this observed ischemia could be subclinical and may be more common than we think and might explain some cases of prolonged postoperative pain. In the RPS group, there was only one subphrenic collection in four cases for a hydatid cyst [30].

According to Hollingsworth, the completion rate to total splenectomy for open PS is approximately 5 % [31]. This finding needs to be compared with the 0 % completion rate for minimally invasive approach (n = 187) that we found. This could reflect the rigorous case selection for LPS.

The main criteria that are used to avoid conversion from partial to total splenectomy are the size of the spleen and the morphology of the hilum. Splenic size also plays a role in the avoidance of mini-laparotomy for specimen extraction. Laparoscopy is ideal for small spleens with short and extrapedicular pancreatic tails [25], and although most reports neglected to mention the selection criteria, the cases were most likely selected according to these characteristics. Other selection criteria might include the BMI of the patients and prior abdominal surgery; however, such points were not discussed in the publications we included.

Patients who do not meet these criteria might be the best candidates for RPS [25]. RPS seems to constitute an interesting option for complex procedures, as demonstrated by Pietrabissa et al. and Giulianotti et al. [20, 32]. Beyond all the known advantages (e.g., endowrist technology, motion scaling, tremor reduction, stereoscopic vision), the robot allows for the superposition of augmented reality 3D reconstructions. The vascular supply of each segment of the spleen can therefore be predicted. The fusion of the vessels map and reality during the operation could help the surgeon to clip the appropriate vessel. This could save time, as the surgeon would know the vascular anatomy of the organ, which would eliminate the need to explore the whole hilum and to perform several clamping tests. Moreover, it is known that intracorporeal sutures are easier to perform with the seven degrees of freedom of the da Vinci robot (Intuitive Surgical Inc, Sunnyvale, CA, USA). The robot allows the stitching of the resection line and thus provides a good hemostatic control and precludes the use of hemostatic products. With the development of robotic surgery, spleen-sparing surgery assisted by augmented reality might become the new gold standard. Moreover, Vasilescu et al. directly compared LPS to RPS. They found

a statistically significant difference in favor of RPS in terms of the mean estimated blood loss (35 vs. 90 ml) and the duration of the vascular dissection (20 vs. 15 min). The mean total operative time was not significantly different between LPS and RPS.

While this review may describe new and encouraging outcomes, there are some limitations that deserve a comment. The data were not usable for direct comparisons; most notably because of the heterogeneity of the types of publications and the populations that were studied, the missing data and the small numbers of cases considered in the SSPS and RPS groups. However, this review also gives a hopeful overview on PS performed by conventional laparoscopy, by single port approach or by robotics. It establishes the feasibility of this approach and reports results that are more than favorable.

Conclusion

This review provides evidence that a laparoscopic approach constitutes an attractive alternative to the open technique for elective PS. Compared with the open technique, the outcomes are at least similar, except for the operative time which might be longer in conventional laparoscopy. Technically, LPS and RPS remain challenging and should be reserved for surgeons who are experienced in minimally invasive procedures.

PS could take advantage of new emerging technologies. Although robotic surgery incorporates augmented reality, it is still an experimental technique, but has shown potential for complex splenic procedures such as PS; however, this technique deserves further investigation.

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