Increased Circulating Soluble CD14 Is Associated with High Mortality in Gram-Negative Septic Shock

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The soluble glycoprotein sCD14 binds lipopolysaccharide, a complex that activates endothelial cells and that may be crucial in gram-negative sepsis. Therefore, serum sCD14 was analyzed in 54 patients with gram-negative septic shock and in 26 healthy controls. sCD14 was tested by ELISA and Western blotting. Patients had higher sCD14 concentrations than controls (median, 3.23 vs. $2.48 \,\mu\text{g/mL}$, P = .002). Increased levels were associated with high mortality (median, 4.2 $\,\mu\text{g/mL}$ in nonsurvivors vs. $2.8 \,\mu\text{g/mL}$ in survivors, P = .001). sCD14 was found in two isoforms (49 and 55 kDa) in monocyte cultures. In sera only one of either form was detectable. Controls had the 49-kDa form, and patients had either the 49- or 55-kDa form, but patients with high levels of sCD14 had only the 55-kDa form. Twenty-one (53%) of 39 with the 55-kDa form and 8 (57%) of 14 with the 49-kDa form died. Thus, the level of sCD14 but not its biochemical form had a prognostic value in patients with gram-negative septic shock.

Lipopolysaccharide (LPS) plays a key role in the pathophysiology of sepsis [1]. The LPS receptor on myeloid cells is the phosphatidylinositol-linked membrane glycoprotein CD14 [2]. CD14 occurs in a membrane-associated form and as a soluble (s) molecule [3, 4]. sCD14 is derived from the monocytic cell line Mono-Mac 6 in two forms [5]: A 48-kDa form is shed from the membrane of monocytes and Mono-Mac 6 cells [6, 7], and a 56-kDa form is detectable in metabolically labeled Mono-Mac 6 cells and in sCD14 purified from urine [3, 5]. The serum concentration of sCD14 is ~ 1 millionfold higher than that of cytokines [8]. Although much is known about cytokine liberation during experimental endotoxemia or sepsis, little is known about sCD14 in these conditions [9-12]. Because CD14 is the principle LPS receptor, the serum concentration of sCD14 may be modified during endotoxemia or sepsis. The physiologic role of sCD14 is unknown. It could act as a scavenger by neutralizing circulating LPS [13] or, alternatively, it may play a harmful role by transmitting LPS effects on endothelial cells, which do not express membrane CD14 [14]. Indeed, it was recently

shown that complexes of sCD14 with LPS activate these cells [14, 15].

We measured sequential serum concentrations of sCD14 in 54 patients with gram-negative septic shock, compared these with levels in normal controls, and correlated sCD14 levels with patient outcome. We also determined the biochemical form of serum sCD14 by Western blotting and compared it with sCD14 derived from normal monocytes.

Methods

Patients. The study population comprised 54 patients (33 males, 21 females) with documented gram-negative septic shock. Their median age was 58 years (range, 7-78). All were part of a previously described study that compared the efficacy of J5 hyperimmunoglobulin (n = 22) with standard intravenously (iv) administered IgG (n = 32) (Sandoglobulin; Sandoz Pharmaceuticals, Basel, Switzerland) [16]. The etiology of septic shock was established by the isolation of gram-negative bacteria from blood in 37 patients (69%). Of these, 30 had monomicrobial and 7 had polymicrobial bacteremia. Seventeen patients (31%) had documented gram-negative infections with negative blood cultures. At study entry, the median duration of shock was 10 h (range, 2-144), the median urinary output was 5 mL/h (range, 0-190), and the median arterial pH was 7.37 (range, 7.17-7.57). Blood was obtained from all patients at study entry (day 0), 2 h later (after infusion of either standard or J5 hyperimmunoglobulin), and after 24 h and 10 days. In addition, 26 healthy controls (16 men, 10 women; median age, 48 years; range, 27-72) and 2 women with paroxysmal nocturnal hemoglobinuria (ages 30 and 38 years) were investigated. Sera were aliquoted and kept at -70°C until analyzed.

Cells. Mononuclear leukocytes were isolated from heparinized blood by density gradient centrifugation over a ficoll-hypaque gradient. Monocytes were purified from mononuclear leukocytes by centrifugation over a continuous Percoll density

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Informed consent was obtained from all patients studied. The study was approved by the Ethical Committee, University Hospital, Basel, in accordance with the guidelines of the Swiss Academy for Medical Science.

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gradient as described [17]. Cells were taken up in RPMI medium with 5% heat-inactivated human AB serum before being labeled with [35 S]methionine or 125 I. They were cultured for 48 h in serum-free HB101 medium (Hana Biologics, Alameda, CA) substituted with 2% human serum albumin and 10^{-8} M 1,25 α -dihydroxyvitamin D₃ before the supernatant was harvested for Western blotting.

Reagents, antibodies to CD14, and recombinant (r) sCD14. Goat polyclonal anti-CD14 antiserum was a gift of R. Ulevitch (Scripps Research Institute, La Jolla, CA). We used the following mouse monoclonal antibodies: MEM18 (IgG1, which recognizes membrane CD14 and both forms of sCD14; gift of V. Bazil, Prague [3]); RoMo1 (IgG2a; IBL, Hamburg, Germany) [18], 63D3 (IgG1), and 3C10 (IgG2b; both purified by affinity chromatography from hybridoma culture supernatants; American Type Culture Collection, Rockville, MD); and My4 (IgG1) (Coulter, Luton, UK). rsCD14 was immunopurified on immobilized 3C10 from culture supernatants of CHO cells that were transfected with an expression vector containing truncated CD14 cDNA (unpublished data).

The endotoxin content in the stock solutions of antibodies was <100 pg/mL, as determined by quantitative limulus assay (Chromogenix, Mölndal, Sweden).

sCD14 depletion from serum. The antibody to CD14 63D3 was coupled to CNBr-activated Sepharose. Human AB serum containing 3 µg/mL sCD14 was absorbed to antibody-CNBr-Sepharose overnight at 4°C. After centrifugation, no sCD14 was detected by ELISA or Western blot in the sCD14-depleted serum. Heat inactivation of normal serum at 56°C for 30 min also destroyed sCD14 immunoreactivity.

Assay for sCD14. Serum concentrations of sCD14 were determined by sandwich ELISA. Polystyrene plates (Greiner 96well; Microlon, Frickenhausen, Germany) were coated overnight at room temperature with 2 μg/mL MEM18 (50 μL/well). After plates were washed three times with PBS and 0.05% Tween (wt/vol), nonspecific binding was blocked for I h at room temperature with 50 μ L/well 0.2 M TRIS-HCl buffer (pH 7.5) with 1% bovine serum albumin (BSA; wt/vol) and 0.05% Tween (wt/ vol). Serum samples diluted 1:150, 1:300, and 1:600 in 0.1 M phosphate buffer (pH 7.2) with 1% BSA and 0.05% Tween (wt/ vol) or standards (dilutions of sCD14 isolated from serum by affinity chromatography [19]; 50 μ L/well) were incubated for 3 h at room temperature. Plates were washed three times with PBS and 0.05% Tween. Captured sCD14 was measured by peroxidase-coupled RoMo1 (2-h incubation, 50 µL/well, in 0.1 M phosphate buffer [pH 7.2] with 1% BSA and 0.05% Tween). The signal was detected using tetramethylbenzidine and read at A₄₅₀ in an ELISA reader (Molecular Devices, Palo Alto, CA).

The serum concentration of sCD14 was the weighted average of the concentrations determined for each dilution by extrapolation from the linear part (3–40 ng/mL) of the standard sCD14 curve. When 5 μ g/mL LPS was added to the sCD14 serum standard, serum sCD14 values did not change. For detection of sCD14 in monocyte culture supernatants, a similar ELISA with 63D3 as a primary antibody (100 μ L, 5 μ g/mL) and peroxidase-labeled 3C10 (500 ng/mL) as a capturing antibody was used; purified rsCD14 (0.3–10 ng/mL) from CD14-transfected CHO cells (unpublished data) served as a standard.

The specificity of the assay was confirmed by the following experiments. sCD14-depleted human serum (see above) showed no reactivity in the ELISA. The immunoreactivity was recovered when the eluted sCD14 was added back to the depleted serum. In addition, the specificity of the second peroxidase-labeled antibody was tested by adding it along with unlabeled CD14 antibody My4 to normal and sepsis sera. My4 competitively inhibited the binding of RoMo1 and of 3C10 (data not shown).

Effect of standard and J5 hyperimmunoglobulin on sCD14 determination. Patients were treated with standard iv IgG (200 mg/kg) or the same dose of an anti-LPS hyperimmunoglobulin (J5) within 2 h of diagnosis of septic shock. The sCD14 content of the immunoglobulins given and their influence on sCD14 serum values were evaluated. Standard IgG, at a twofold higher concentration than the serum IgG level measured after patients received therapy (12 mg/mL), contained 100 ng/mL sCD14. J5 hyperimmunoglobulin at 12 mg/mL contained 5 ng/mL sCD14. When either immunoglobulin preparation was added to sCD14 standard pooled human serum or sCD14-free serum, the optical densities of the preparations increased by the amount of sCD14 in standard IgG or J5 hyperimmunoglobulin.

sCD14 levels were determined in the 26 healthy controls. The median serum concentration of sCD14 was 2.48 μ g/mL (range, 1.75–2.90), and intra- and interindividual coefficients of variation were 12% and 23%, respectively (n = 5, repeated measurements at 0, 2, 24, and 240 h).

SDS-PAGE and Western blotting. Serum samples were diluted to contain 3 ng of sCD14/10 µL and were denatured by boiling for 5 min in 0.5 M TRIS-HCl containing 5% SDS, 2.5% glycerol, and 0.01% bromphenol blue (sample buffer). Denatured proteins and prestained molecular mass standards (Bio-Rad, Glattbrugg, Switzerland) were electrophoresed (200 V, 500 mA) for 60 min in 7.5% polyacrylamide gels under nonreducing conditions and transferred for 60 min (100 V, 500 mA) onto Immunlite membranes (Bio-Rad) presoaked in 25 mM TRIS and 192 mM glycine transfer buffer (TBS; pH 8.3) using a wet transblot system (Bio-Rad). Membranes were incubated overnight at 4°C in TBS containing 7.5% dry milk to reduce nonspecific protein binding and washed twice with TBS and 0.05% Tween (TTBS). They were then incubated for 3 h at room temperature on a rocking platform with the monoclonal antibody to CD14 (3C10), diluted 1:400 in TTBS containing 1% dry milk or with polyclonal goat anti-CD14 antiserum diluted 1:1000. After being washed three times in TTBS, the membranes were incubated for 2 h at room temperature with alkaline phosphatase-conjugated goat anti-mouse IgG (1:3000; Bio-Rad) or mouse anti-goat IgG (1:10,000; Sigma, St. Louis) in TTBS containing 1% dry milk. The membranes were then washed three times with TTBS, incubated for 5 min with 5 mL of chemoluminescent substrate solution (adamantyl dioxetane phenyl phosphate; Bio-Rad) and exposed to Kodak X-Omat films for 10-30 min.

Labeling with [35S]methionine. Monocytes were incubated for 48 h in medium with 5% heat-inactivated AB serum. CD14-transfected CHO cells were cultured in serum-free RPMI medium containing G418 (Geneticin; Boehringer, Mannheim, Germany). Both cell types were washed and kept for 1 h in

Table 1. Serum concentrations of soluble (s) CD14 during and after septic shock.

Serum sample	sCD14 (μg/mL)		
	Survivors $(n = 25)$	Nonsurvivors $(n = 29)$	P
Study entry	2.77 (1.15-5.64)	4.21 (1.06-9.95)	.001
2 h after study entry	2.44 (0.79-8.40)	3.89 (1.54-10.10)	.048
Day 1	3.41 (1.94~8.15)	4.23 (1.93-14.42)	.11
Day 10	3.03 (0.95-9.89)	3.94 (2.51-5.69)	.12
Controls*	2.48 (1.75-2.90)	,	

NOTE. Data are median (range) sCD14 determination with ELISA. * n = 26.

methionine-free medium supplemented with 2% dialyzed fetal calf serum before addition of 100 µCi of [35S]methionine (Amersham Laboratories, Amersham, UK). After overnight culture, the supernatant was harvested, centrifuged at 100,000 g for 30 min at 4°C; Nonidet P-40 and phenylmethylsulfonyl fluoride (Sigma) were added at final concentrations of 0.5% and 2 mM, respectively. For preclearing, the supernatant was incubated 30 min at 4°C with protein G-Sepharose (Pharmacia, Piscataway, NJ) in the presence of normal serum. After centrifugation, the supernatant was first incubated for 60 min at 4°C with 3C10 and then for 30 min at 4°C with protein G-Sepharose. The immunoprecipitate was washed three times in 50 mM TRIS, 150 mM NaCl, and 5 mM EDTA buffer (pH 7.3). The sample was taken up in buffer and then denatured and electrophoresed in a 7.5% SDS-polyacrylamide gel as described above. Gels were fixed for 30 min in Amplify solution (Amersham Laboratories, Amersham, UK) and then washed in distilled water, dried, and autoradiographed.

Labeling with ¹²⁵I. Freshly isolated monocytes (2.5×10^6) were washed three times with PBS, iodinated for 15 min at room temperature with 500 μ Ci of Na, ¹²⁵I, and Iodobeads (Pierce, Rockford, IL) in 6-well culture plates, washed again with PBS, and cultured overnight in RPMI medium with 5% heat-inactivated human AB serum. The chase medium was then harvested and processed as described for the [35 S]methionine-labeled supernatant.

Statistics. Patient groups and controls were compared by Mann-Whitney test. The relationship between different serologic parameters was evaluated by Wilcoxon rank correlation test. The effect of sCD14, tumor necrosis factor- α (TNF- α), and age on mortality was studied by multivariate analysis of variance (Superanova; Abacus, Berkeley, CA)

Results

sCD14 concentrations in sera of patients with gram-negative septic shock. Serum sCD14 concentrations were higher in the 54 patients with gram-negative septic shock than in 26 healthy controls (median, 3.23 vs. 2.48 μ g/mL; P = .002). Among the 54 patients with gram-negative septic shock, 29 (53.8%) died. The clinical course of the patients has been described [16]. A high sCD14 level at the onset of shock was associated with poor outcome. As shown in table 1, nonsur-

vivors showed significantly higher median sCD14 concentrations than survivors. This difference was significant at study entry (P = .001) and 2 h later but not after 1 and 10 days. The sCD14 level remained predictive for a high mortality when age and TNF- α were included in a multivariate analysis (P < .01).

Relationship between sCD14 and clinical parameters or cytokines. The earliest measure of sCD14 correlated inversely with mean arterial pressure at that time (P = .03) but did not correlate with duration of shock at entry (P = .90) or with urinary output (P = .86). In addition, it did not correlate with TNF- α (P = .77), interleukin (IL)-1 β (P = .44), IL-6 (P = .79), interferon (IFN)- γ (P = .95), or IFN- α (P = .69). Serum levels of these cytokines have been described [11, 12].

Isoforms of sCD14. The monocytic cell line Mono-Mac 6 releases two sCD14 forms [5], and in sCD14 purified from urine two forms are identified under reducing conditions [3, 8]. However, the expression of two CD14 isoforms has not been seen in normal monocytes, which are the major source of serum sCD14. We therefore analyzed culture supernatants of membrane or metabolically labeled monocytes by immunoprecipitation and compared them with immunoblots of 48-h monocyte culture supernatants (figure 1). The smaller (49 kDa) form of sCD14 was derived from the membrane, since it was the only molecule detectable in supernatants of ¹²⁵I-labeled monocytes (figure 1, lane 2). In contrast, both the larger (55 kDa) and to a lesser extent the smaller forms were found in supernatants of metabolically labeled cells (figure 1, lane 3). This suggests that the 55-kDa form has an intracellular origin without membrane attachment.

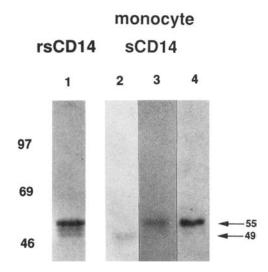


Figure 1. Biochemical analysis of sCD14. By lane: 1, supernatant containing [35S]methionine-labeled recombinant sCD14; 2, supernatant from 125I-labeled monocytes after overnight culture; 3, supernatant of monocytes after overnight metabolic labeling; 4, Western blot of 48-h serum-free monocyte culture supernatant.

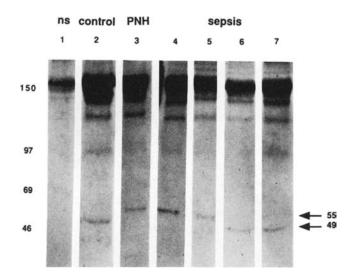


Figure 2. Western blots from sera. By lane: 1, nonspecific (ns) binding, blot with alkaline phosphatase-conjugated second antibody; 2, serum from healthy control; 3, serum from paroxysmal nocturnal hemoglobinuria (PNH) patient; 4–7, sera from sepsis patients at study entry (lanes 4 and 5, 55-kDa sCD14, survivor and nonsurvivor, respectively; lanes 6 and 7, 49-kDa sCD14, survivor and nonsurvivor, respectively).

Finally, in Western blots of serum-free monocyte culture supernatants, the 55-kDa form was clearly seen; the smaller forms gave only a weak signal (figure 1, lane 4). To document the existence of the two CD14 isoforms, the immuno-precipitate from metabolically labeled culture supernatant of CD14-transfected CHO cells is shown on lane 1 in figure 1. In this supernatant, which was very rich in sCD14 (2 μ g/mL), the upper band (55 kDa) was stronger than the 49-kDA band and even a third intermediate form of sCD14 could be detected.

Western blot of sera. After recognizing that rsCD14 and monocyte culture-derived CD14 both exist in two molecular forms, we analyzed human sera to see if it also contained both forms. For this purpose, Western blots were made with 26 sera from healthy controls and with sera from the 54 study patients. Serum from 1 patient gave no signal in Western blot; therefore, the analysis includes 53 patients. As shown in lane 2 of figure 2, the 49-kDa form of sCD14 was found in serum from healthy volunteers. In contrast, patients with septic shock had either the 49- or the 55-kDa form at study onset, provided that their sCD14 level remained $<3.5 \mu g/$ mL (figure 2 shows two examples of the 49-kDa form, lanes 6 and 7). An sCD14 level > 3.5 μ g/mL was exclusively associated with the 55-kDa form of sCD14 (figure 2, lanes 4 and 5). The difference in molecular mass was also seen when a polyclonal instead of a monoclonal antibody was used for immunoblotting (data not shown). In addition, sera from patients with paroxysmal nocturnal hemoglobinuria (who lack membrane CD14 and therefore cannot release the smaller form of sCD14) had the 55-kDa form exclusively (figure 2, lane 3).

Relationship between sCD14 molecular form and concentration. To determine clinical conditions associated with predominance of either form of sCD14, patients were grouped by sCD14 form and serum concentrations at onset of shock. Elevated sCD14 concentrations were associated with a 55-kDa sCD14 (figure 3). Patients with 55-kDa sCD14 had median sCD14 concentration of 3.43 μ g/mL (range, 1.41–9.95); those with the 49-kDa form had a median sCD14 of 2.28 μ g/mL (range, 1.06–2.90; P < .001). The molecular form of sCD14 by itself was not associated with high mortality; 21 (53%) of 39 with 55-kDa sCD14 and 8 (57%) of 14 with the 49-kDa form died (figure 3). All 26 healthy controls had 49-kDa sCD14 (figure 3). Both patients with paroxysmal nocturnal hemoglobinuria had elevated levels of 55-kDa CD14 in their serum.

Immunoblot of CD14 from sera of patients during sepsis. To detect a possible switch from one molecular form of sCD14 to the other, sera from 4 patients were analyzed consecutively at study entry and 2 and 24 h and 10 days later (figure 4; 2 patients with 49-kDa sCD14 [A, C] and 2 with $>3 \mu g/mL$ 55-kDa sCD14 [B, D]). In figure 4, patients in the upper row survived; those in the lower row died. Each patient had the same form of sCD14 throughout the observation period, that is, no switch in CD14 isoforms was observed.

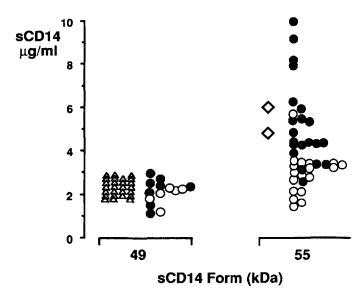


Figure 3. Relationship between sCD14 concentration and molecular forms. Left: △, 26 healthy controls, 14 sepsis patients with 49-kDa form (6 survivors [O], 8 nonsurvivors [O]). Right: 2 patients with paroxysmal nocturnal hemoglobinuria (♦) and 39 sepsis patients with 55-kDa form (18 survivors [O], 21 nonsurvivors [O]). Serum from 1 of 54 patients did not give a signal in Western blot.

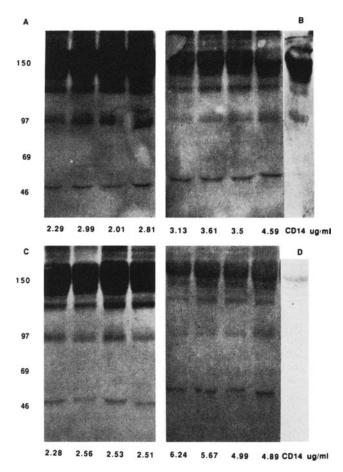


Figure 4. Western blots and sCD14 concentrations during and after septic shock. A and B, Survivors with 49- and 55-kDa forms, respectively. C and D, Nonsurvivors with 49- and 55-kDa forms, respectively. Far right of B and D: nonspecific binding in serum with alkaline phosphatase-conjugated second antibody.

Discussion

In the present study, serum concentrations and biochemical forms of sCD14 were investigated in patients with gramnegative septic shock. They had elevated serum sCD14 concentrations. In addition, the CD14 derived from normal monocytes was found in 49- and 55-kDa forms that originate from the cell membrane and the intracellular space. In serum, only a single form was detectable. High levels of sCD14 were associated with expression of the 55-kDa form. The serum concentration but not the isoform of sCD14 was predictive for death.

Soluble CD14 is spontaneously released by the Mono-Mac 6 cell line, by monocytes, macrophages, and granulocytes [5, 7, 17, 20]. After release, sCD14 circulates in the bloodstream [8]. Whereas the serum concentration of sCD14 is constant in normal persons (see Methods), we found increased levels in patients with gram-negative septic

shock. This could be due to a reduced sCD14 clearance or alternatively to enhanced liberation. The former is unlikely, since there was no relationship between urinary output and sCD14 concentration. The latter probably occurs during sepsis. The stimulus for sCD14 liberation may be LPS itself or a cytokine. We found that LPS enhances sCD14 release from normal monocytes in vitro (unpublished data). In contrast, we found no effect of TNF- α , IL-1 β , IL-6, or IFN- γ on sCD14 release in vitro [17].

The pathophysiologic significance of an increased sCD14 concentration in septic shock is unknown, but it is associated with increased mortality. sCD14 promotes LPS binding to endothelial cells [15]. The ensuing activation of these cells may be detrimental and thus may explain the worse prognosis in patients with increased sCD14. This relationship suggests that serum levels of sCD14 may be crucial for the fate of endothelial cells.

The existence of two forms of sCD14 has been documented in immunoprecipitates isolated from urine [3]. We sought to find if the two isoforms are also detectable in serum. In earlier studies, only the smaller form was detected in monocytes [6, 20]. Therefore, we investigated the cellular mechanisms of release by cells that are the major source of sCD14. For this purpose, we analyzed supernatants of monocytes by Western blotting and after membrane or metabolic labeling. We detected both forms.

The larger form predominated in supernatants of normal 48-h cultured monocytes. This conclusion is based on the Western blot analysis of concentrated supernatants. Since the cultures were serum-free, a contribution of serum CD14 could be excluded. In addition, the metabolic labeling revealed that in overnight cultures, the 55-kDa form was mainly synthesized. The origin of this larger form is unknown. Because it is slightly larger than the well-described membrane CD14 (54 kDa) [5], it may be released as a precursor before processing and attachment of the glycosyl phosphatidylinositol (GPI) anchor. This mechanism has been described for several other GPI-linked proteins [21]. Moreover, the immunoblot of sera from our patients with paroxysmal nocturnal hemoglobinuria, which lacked membrane CD14, showed the 55-kDa form exclusively. We also found that the smaller form was derived from the membrane, since it was the only isoform detected in the supernatant after membrane labeling of viable monocytes. The 49-kDa form is smaller than membrane CD14, which confirms its proteolytic cleavage. In case of shedding by a GPI-specific phospholipase C, the molecular mass of membrane and sCD14 would be identical. In addition, Bazil and Strominger [6] found that protease inhibitors reduced the release of membrane-derived small sCD14.

Sera from patients with gram-negative septic shock and controls had one of the two sCD14 isoforms. In Western blots of patients with an sCD14 >3.5 μ g/mL, the 55-kDa

form was detected exclusively. In contrast, sera from healthy volunteers and from patients with sCD14 < 3.5 μ g/mL contained either form. This difference was not an artifact; it appeared with a constant load of 3 ng of sCD14 per slot in the polyacrylamide gel. As outlined above, in healthy volunteers the smaller isoform of sCD14 is membrane derived, and the larger form is from the intracellular space. One could argue that strong cell activation in septic patients results in the depletion of membrane CD14. However, these cells could probably still secrete unprocessed 55-kDa CD14. In contrast, cells with normal surface CD14 may serve as reservoir for the shedding of the small isoform. Under culture conditions, normal monocytes preferentially released the 55-kDa isoform, yet normal serum exclusively contained the 49-kDa form. This could indicate that a large pool of cells other than monocytes (e.g., macrophages or granulocytes) mainly contribute the 49-kDa form. In patients from whom we consecutively tested sCD14 forms after septic shock, we found no changes from higher to lower molecular mass forms. Thus, the mechanisms that regulate the secretion of the isoforms of sCD14 remain unknown.

In conclusion, the serum level of sCD14 was a prognostic marker in gram-negative septic shock. The functional consequences of the elevated sCD14 concentration should be analyzed in an in vitro or in vivo model.

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